If your family member is infected with COVID-19
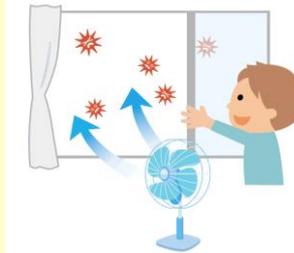
1. Use separate rooms

Separate the living space

Use partitions or curtains, 2M distance from others can be effective.

2. Keep room ventilated

Ventilate regularly

Keep windows open even when the air conditioner is on.

3. Wear a mask

Wear a mask properly

Hold the strings and do not touch the front of a mask when taking it off.

4. Wash your hands and Disinfect your facility

Wash hands frequently with soap and use hand sanitizer

Disinfect the surfaces and objects touched by multiple people frequently.

5. Wash clothes and bed sheets

Wear a mask and gloves when washing

Wash clothes and bed sheets with detergent and dry thoroughly.

6. Tie the trash completely

Close the trash tightly when disposing

Do not touch and throw away tissues used by patient immediately.

☑ **Limit the number of caregivers.**
☑ **Patients should not leave home. It may spread the virus.**
☑ **Monitor health of family members.**

If you feel cold-like symptoms, stay home and refrain from going out

MHLW Ministry of Health, Labour and Welfare of Japan

COVID-19 HP