

I explore factors which contribute to long stay-at-home duration, specific support plan for family caregiver, and pursue higher quality and more effective services and aim to develop improved long-term care service systems.

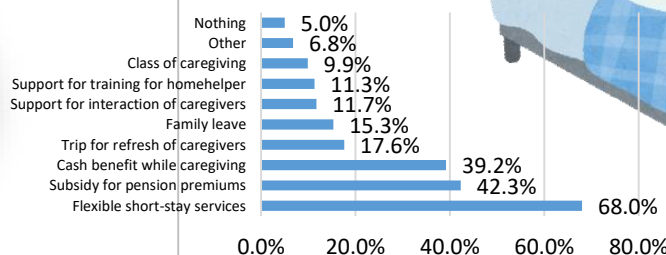
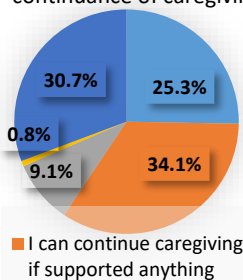
What are factors to continue to care at home?

- Estimation of cost containment for care by provision flexible respite care

The 23 % of caregiver at home responded they could continue caregiving if they could use flexible respite care anytime. Therefore, We estimated cost-effectiveness by comparing benefits between home care services and facility care.

〈Distribution of desire for continuance of caregiving〉

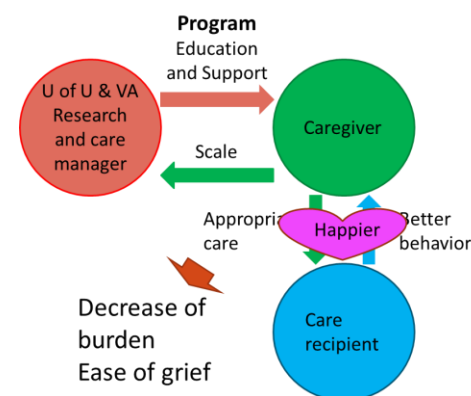
〈Support needed for caregiving at home〉



What are good support for caregiver?

- The support program for caregiver at Utah, US

I am learning about the support program for caregiver at Utah, US in detail, and study to make the program in Japanese version.



- Review of the pioneering support for family caregivers

We collect the pioneering support for family caregivers all over the world, and consider specific support plan in Japan.

- What are long-term care services which related to the long stay-at-home duration?

I analyze the relations between what services the elderly use and the long stay-at home duration by using long-term care insurance claim data.

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※Relation between use of respite care service and long stay-at-home duration

Use of short-stay services was positively correlated to delay of institutionalization compared to non-use in the low-care need group, in the high-care need group, however, it was somewhat related to earlier institutionalization