

# 持続可能な開発目標（SDGs）の 背景と国際展開

## 21世紀の健康社会デザイン

東京女子医科大学 国際環境・熱帯医学講座  
教授/講座主任 杉下智彦





医は仁術から算術に成り下がってしまった

# 私の履歴書

- 1990年 東北大学医学部卒業
- 1990年 聖路加国際病院外科レジデント
- 1994年 東北大学胸部外科教室
- 1995年 青年海外協力隊 マラウイ共和国 外科医師
- 1998年 聖路加国際病院 胸部外科医師
- 2000年 ハーバード大学公衆衛生大学院
- 2001年 ロンドン大学東洋アフリカ研究大学院
- 2002年 タンザニア・モロゴロ州保健行政強化プロジェクト
- 2006年 JICA国際協力専門員
- 2009年 ニャンザ州保健マネージメント強化プロジェクト
- 2011年 ケニア国保健省アドバイザー
- 2013年 SDGs策定委員会・UHCフレームワーク構築
- 2016年 ケニア国グレートレイク大学キスム校博士課程修了
- 2016年 東京女子医科大学 教授



主要な活動地  
(アフリカ)





Zomba Central Hospital  
Malawi, 1995











病気(illness)は文化である

医療は社会システムである

# 医師は社会変革の提唱者である

Doctors are natural advocates of the poor.



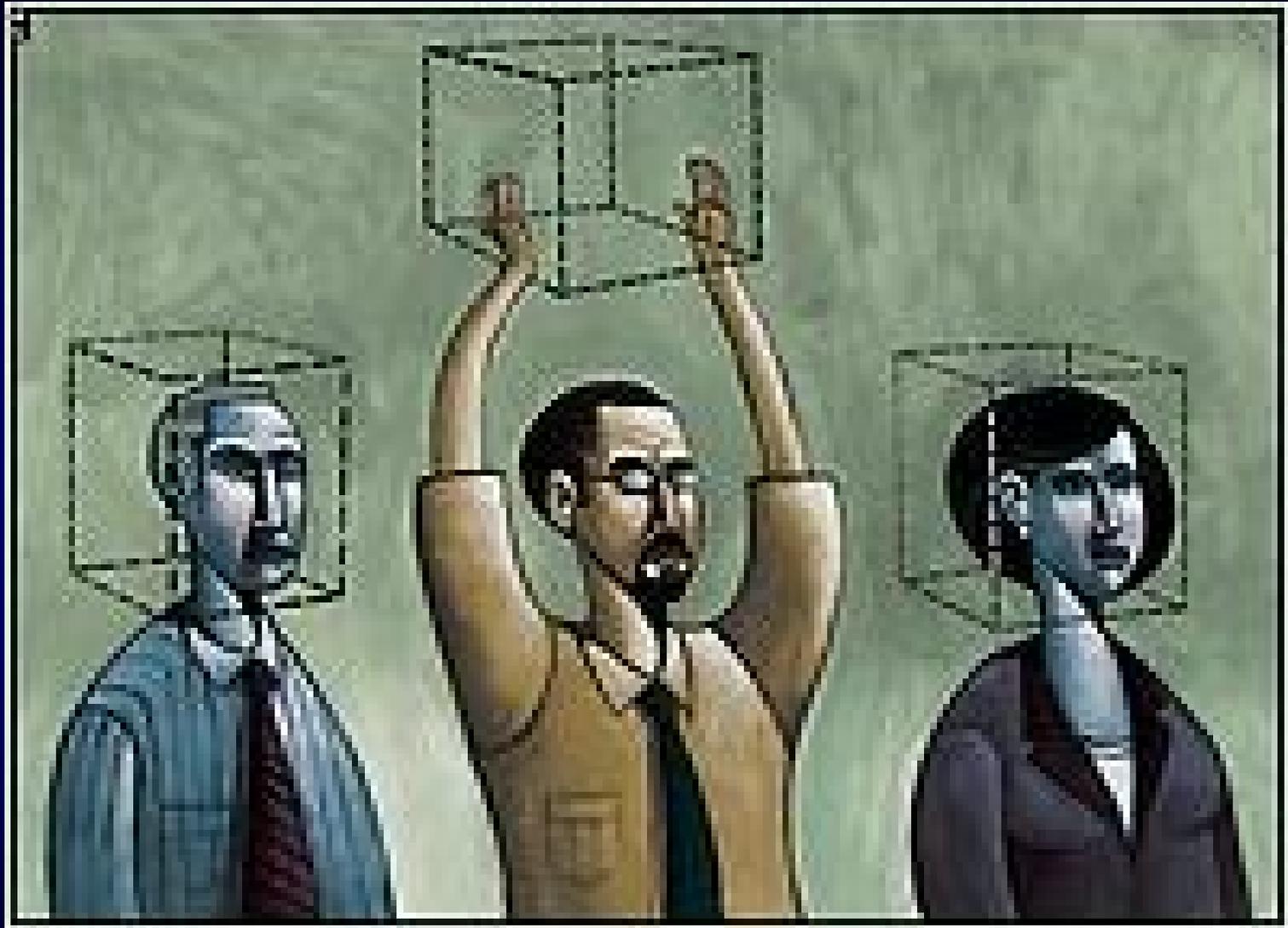
Rudolf Virchow  
(1821-1902)

Medicine is a social science,  
and politics is nothing else but  
medicine on a large scale.

Medicine, as a social science,  
as the science of human beings,  
has the obligation to point out  
problems and to attempt their  
theoretical solution: the  
politician, the practical  
anthropologist, must find the  
means for their actual solution.







Think Out of Box !!



# 持続可能な開発目標

だれひとり取り残さない

Transforming our world  
Sustainable Development Goals

<b>1</b> NO POVERTY 	<b>2</b> NO HUNGER 	<b>3</b> GOOD HEALTH 	<b>4</b> QUALITY EDUCATION 	<b>5</b> GENDER EQUALITY 	<b>6</b> CLEAN WATER AND SANITATION 
<b>7</b> RENEWABLE ENERGY 	<b>8</b> GOOD JOBS AND ECONOMIC GROWTH 	<b>9</b> INNOVATION AND INFRASTRUCTURE 	<b>10</b> REDUCED INEQUALITIES 	<b>11</b> SUSTAINABLE CITIES AND COMMUNITIES 	<b>12</b> RESPONSIBLE CONSUMPTION 
<b>13</b> CLIMATE ACTION 	<b>14</b> LIFE BELOW WATER 	<b>15</b> LIFE ON LAND 	<b>16</b> PEACE AND JUSTICE 	<b>17</b> PARTNERSHIPS FOR THE GOALS 	

**THE GLOBAL GOALS**  
For Sustainable Development

# 経済格差の伸長

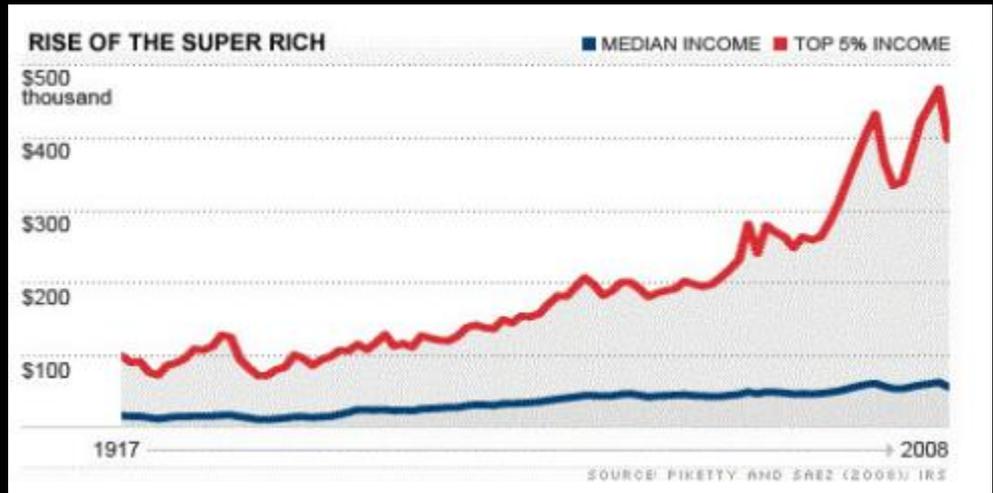
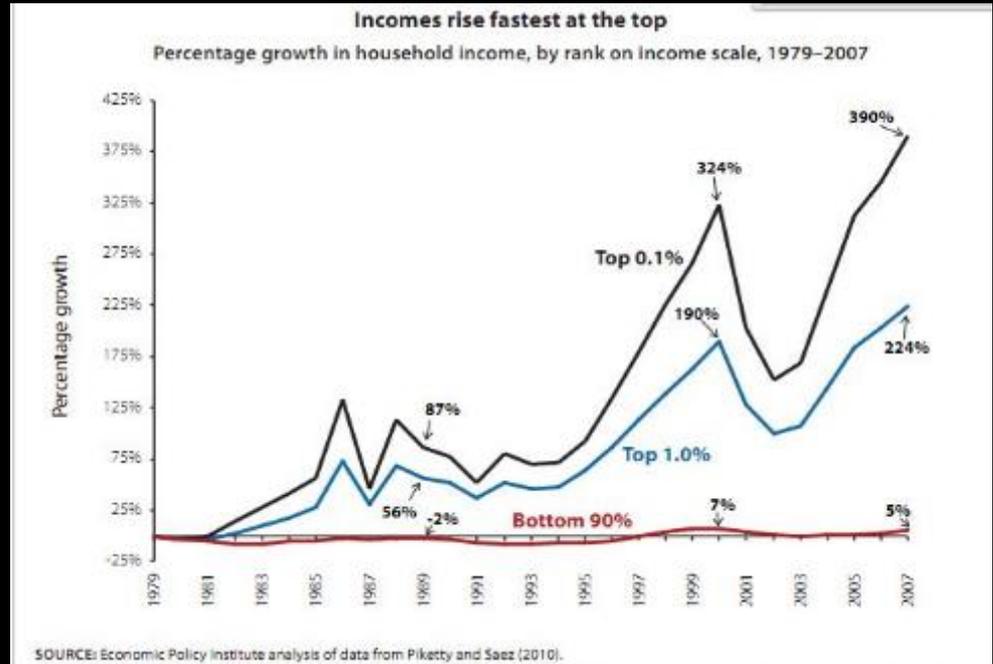
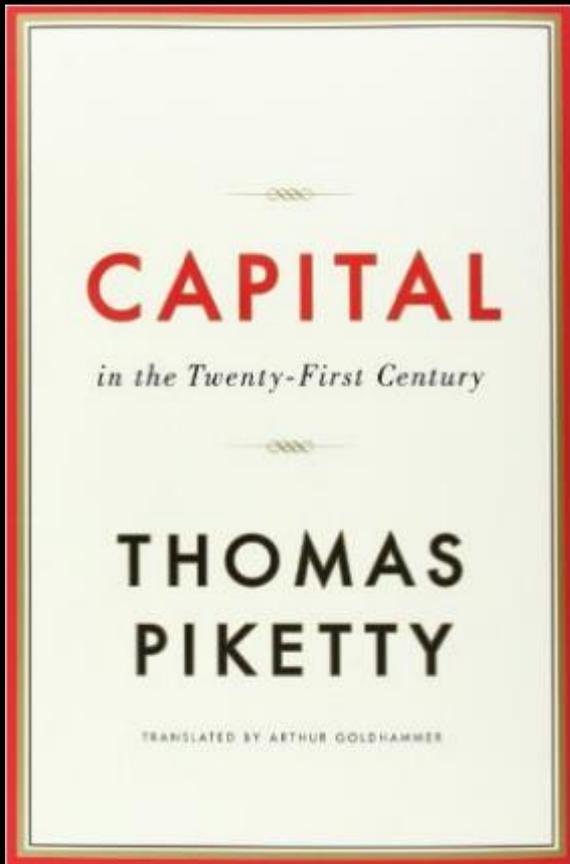


62→8

3,600,000,000

# 所得格差の伸長

PARIS SCHOOL OF ECONOMICS  
 ECOLE D'ECONOMIE DE PARIS  
 22 Février 2007



A young girl with dark, curly hair is looking upwards with a hopeful expression. She is standing in a narrow, cluttered alleyway between makeshift buildings. The walls are made of corrugated metal and wood. In the background, another person is visible on a wooden ladder leaning against a wall. The overall atmosphere is one of poverty and urban slum conditions.

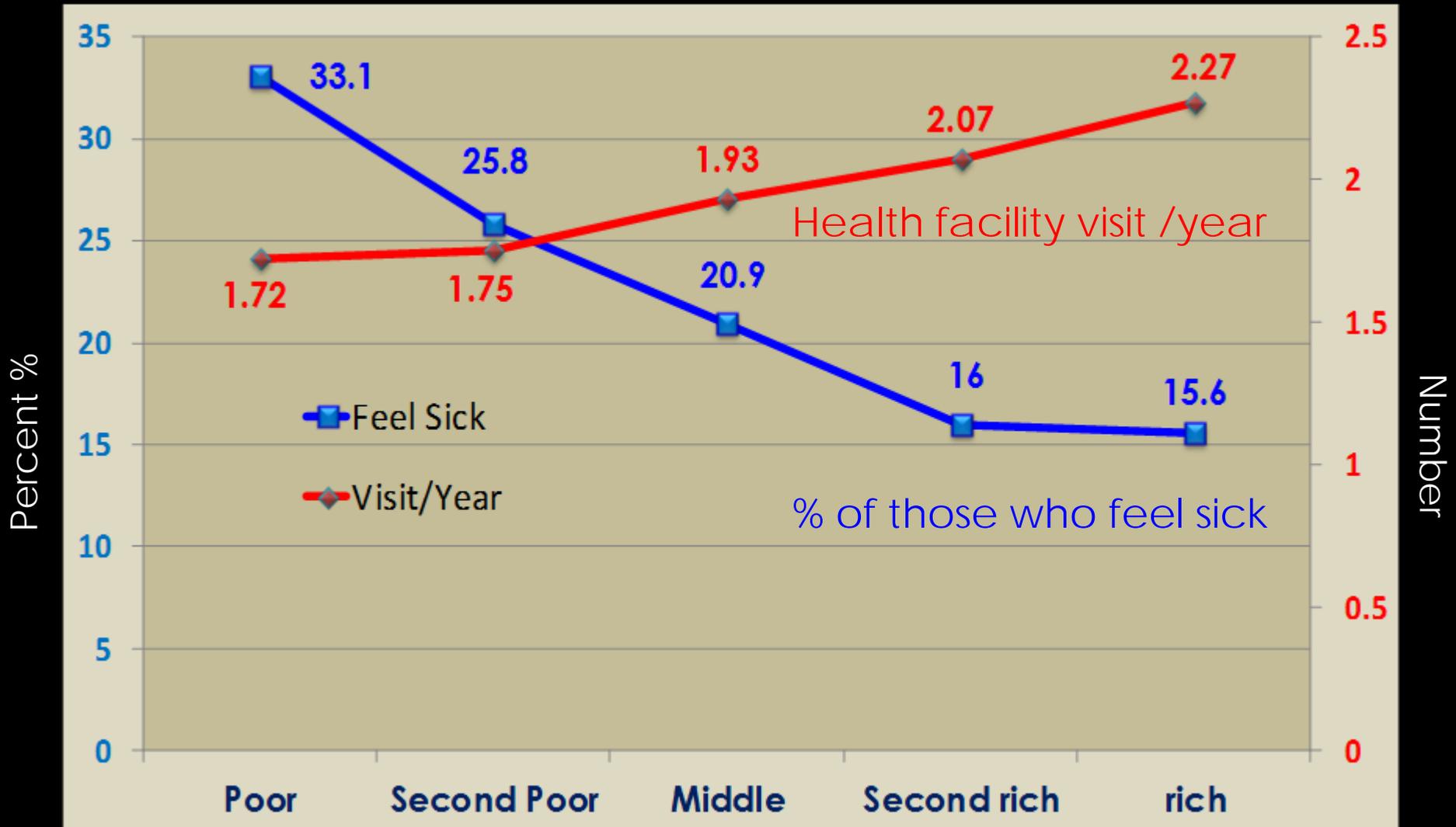
# The Inverse Care Law (1971)

Julian Tudor Hart

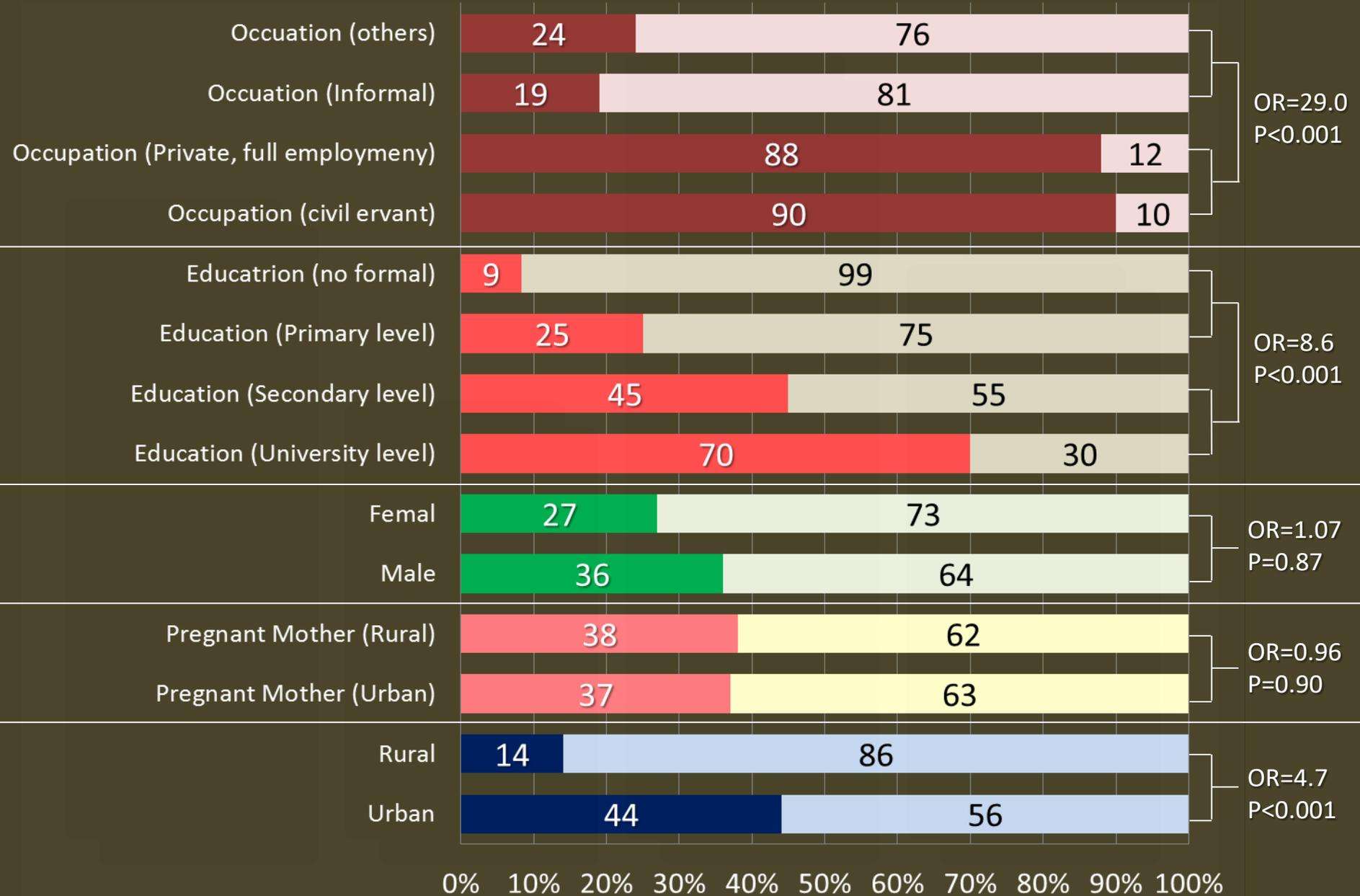
“The availability of good medical care tends to vary inversely with the need for the population served. This inverse care law operates more completely where medical care is most exposed to market forces.

“No market will ever shift corporate investment from where it is most profitable to where it is most needed.”

# Economic Status and Health Services



# 公正性のレンズを通して見た保険加入カバレッジの格差

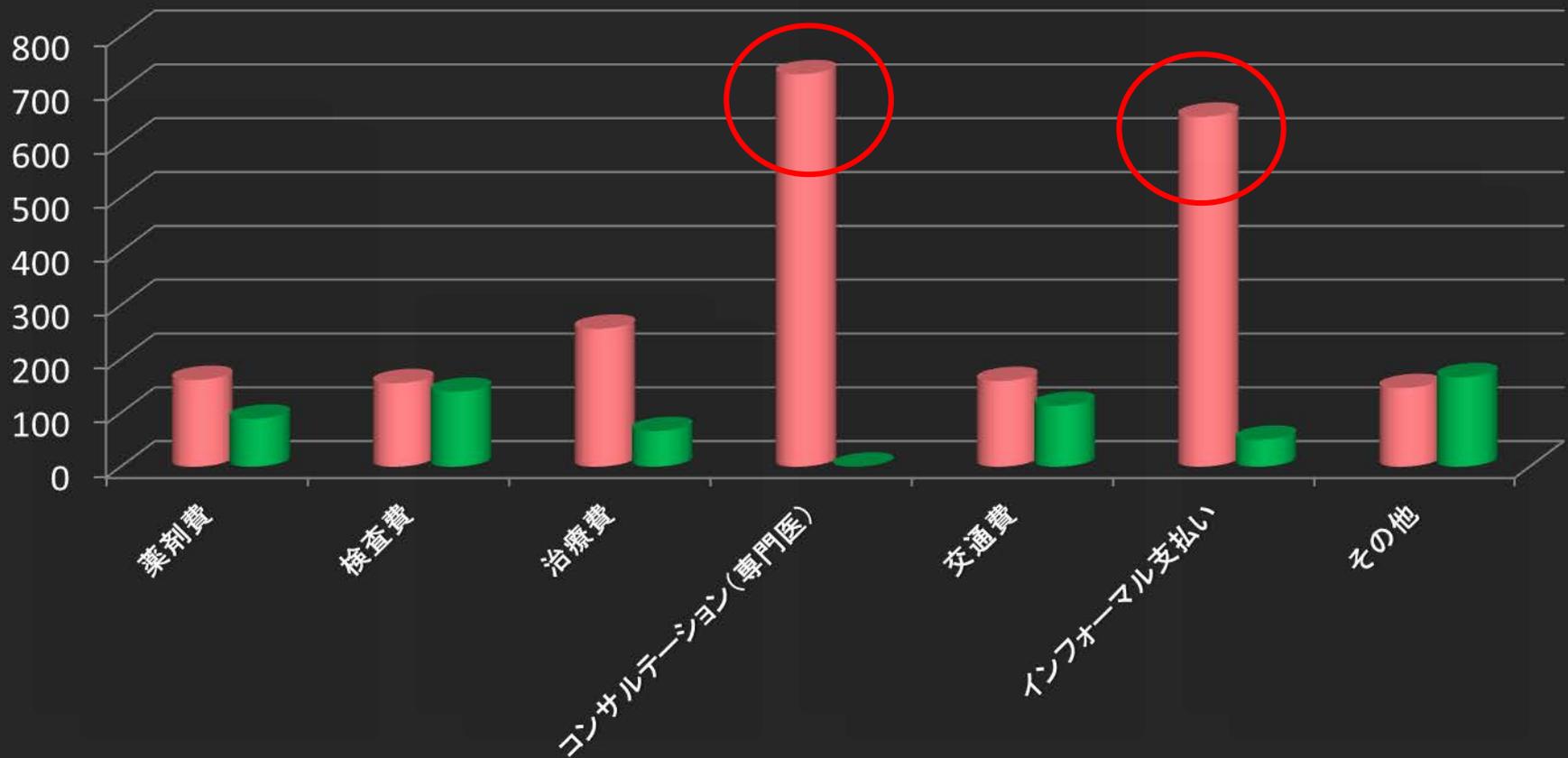


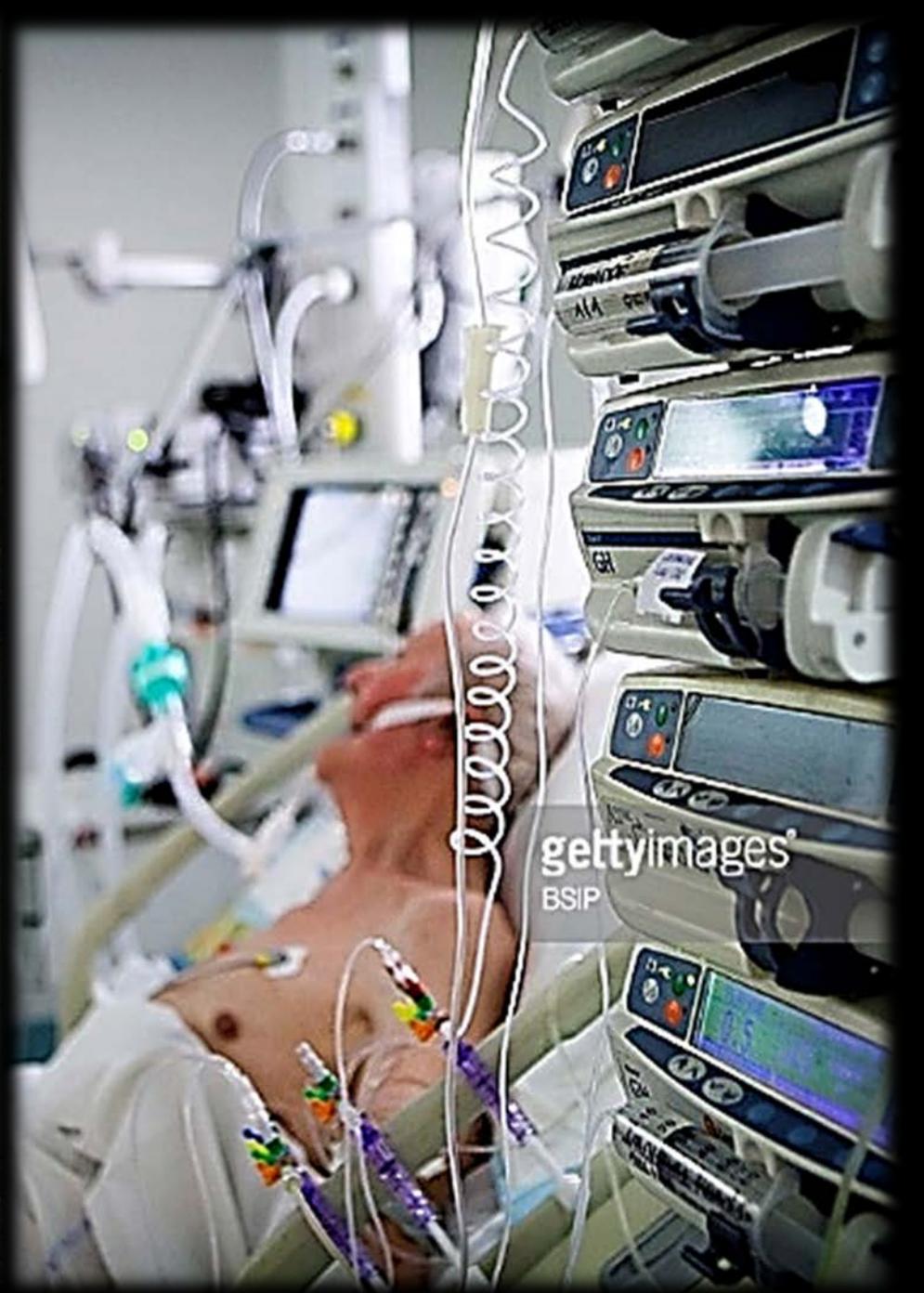
# 妊産婦死亡例の検討（ケニア）

Case #	#1	#2	#3	#4	#5	#6	#7	#8	#9	#10
age	17	26	23	24	40+*1	20	22	17	20	30+*1
Cause of death	Postpartum hemorrhage	Postpartum hemorrhage	Sepsis	Sepsis Anemia	Sepsis	Obstructed labor	Eclampsia	Ruptured uterus*2	Indirect (infection)	Indirect (infection)
# of pregnancy	1	3	3	1	9	3	2	2	3	5
Marital status	Single	Married	Married	Single	Widowed	Single	Single	Married	Married (2 <sup>nd</sup> wife)	Widowed
Highest education	Primary	Primary	Primary	Secondary	Primary	Primary	Secondary	Primary	Primary	Primary
Income of household (Ksh/month)	<2,000	40,000	4,000	N/A*1	<2,000	2,000-3,000	4,000	<2,000	2,000-3,000	<2,000
Month of pregnancy	9	9	8	6	9	10	9	9	8	9
Place of delivery	Home (TBA)	Dispensary	TBA's	N/A*3	Home*4	Dispensary	Home*5	N/A*3	N/A*3	N/A*3
ANC visit	5	+*1	2	0	0	6	0	2	1	0
1 <sup>st</sup> delay (hour)	0	0	4	0	48	0	0	9	4	48
2 <sup>nd</sup> delay (hour)	0.5 *6	0	6	6	2	0.5 *6	3	1	3	1.5
3 <sup>rd</sup> delay (Yes/No)	No	Yes	Yes	Yes	N/A*7	Yes	Yes	No	No	No

# 医療費総額の地域格差（ケニア）

■ 都市部 ■ 地方





# "Health for All by the year of 2000"

アルマアタ宣言(1978)  
PHC: プライマリ・ヘルス・ケア



# "Health Systems Strengthening"

MDGs: WHO(2000,2007)  
保健システム強化



# "Universal Health Coverage"

SDGs: ユニバーサル・ヘルス・カバレッジ

# Resilient Health Systems towards ユニバーサルヘルスカバレッジ

*"Universal health coverage is the single most powerful concept that public health has to offer"*

*Margaret Chan, WHO*

## Japan's strategy for global health diplomacy: why it matters

Global health is standing at a crossroads. The past decade has been a glorious period for global health because aid to the health sector has surged, and newly formed public-private partnerships have increased the effectiveness of development assistance. Japan has played a significant part, for example by leading discussions at the G8 Kyoto-Okinawa Summit in 2009 and by helping in the establishment of the Global Fund to Fight AIDS, Tuberculosis and Malaria. However, countries now face changing disease structures, and non-communicable diseases are a global threat. If the world follows the existing disease-focused vertical pathway for development assistance in the coming years, the disparity between resource allocation and actual disease burdens will widen. The disease-specific approach is straightforward, but the importance of tackling health in general is clear.

At the G8 Hokkaido Toyako Summit in 2008, Japan proposed a comprehensive approach to health, inclusive of health systems strengthening, to complement a vertical approach.<sup>1</sup> A working group led by Kazuo Takemi supported the work of the G8 Health Experts Group by recommending actions.<sup>2</sup> Unfortunately, because of the financial crisis that began in 2008, there have been difficulties in sustaining the amount of aid for health.<sup>3</sup>

We should now pursue universal health coverage (UHC) to solve existing global health challenges and to embark on the post-2015 development agenda. UHC would help us to reach these goals. The first of these goals is to improve the health of countries' entire populations,<sup>4</sup> including the most vulnerable people, women in particular.<sup>5</sup> The existing Millennium Development Goals (MDGs) stop short of addressing widening domestic inequalities, and it is crucial to close the gap in access to health services between wealthy and poor people. The second goal is to ensure health service provision for all people, shifting from a disease-oriented to a people-centred approach.<sup>6</sup> UHC can meet the wide-ranging health needs of every person. These two goals are interrelated and together help to achieve human security through protection and empowerment of individuals. The third goal is to enable countries to look at their own challenges and implement health policies that fill diversified needs with a limited budget.<sup>7</sup> UHC can be a powerful way to reinforce

country ownership and setting of priorities in search of value for money.<sup>8</sup>

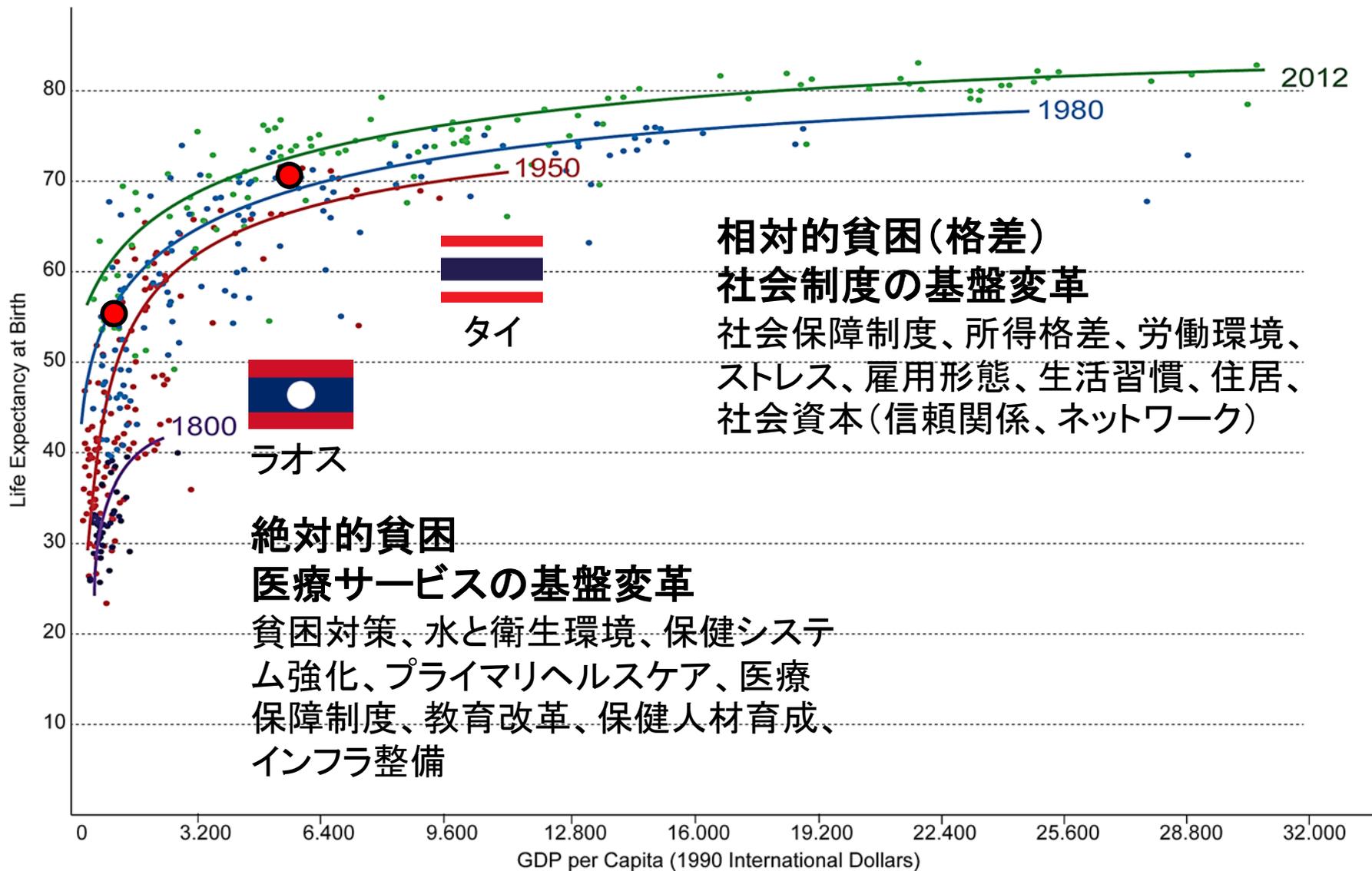
This new pathway for global health is still at an early stage and needs strong political leadership, which is why I launched the Strategy on Global Health Diplomacy in May 2013.<sup>9</sup> With this strategy, I first and foremost spare no efforts to incorporate UHC as a crucial element of the post-2015 development agenda. UHC is gaining a footing in the global health dialogue. The Foreign Policy and Global Health initiative led a resolution on UHC, which was adopted at the 67th UN General Assembly.<sup>10</sup> I agreed with President François Hollande of France, who leads this initiative, to promote UHC.<sup>11</sup>

Second, I will reinforce Japan's assistance to developing countries to work with them to achieve UHC. Promotion of UHC does not mean a reduction of aid in the health sector or ignorance of the unfinished work of the MDGs. With regard to Africa, our work on MDGs opens the door towards UHC. At the 5th Tokyo International Conference on African Development (TICAD V) held in June 2013, I called for the promotion of UHC<sup>12</sup> and committed US\$500 million of financial assistance in health, including capacity building of a 120 000-strong health workforce.<sup>13</sup>

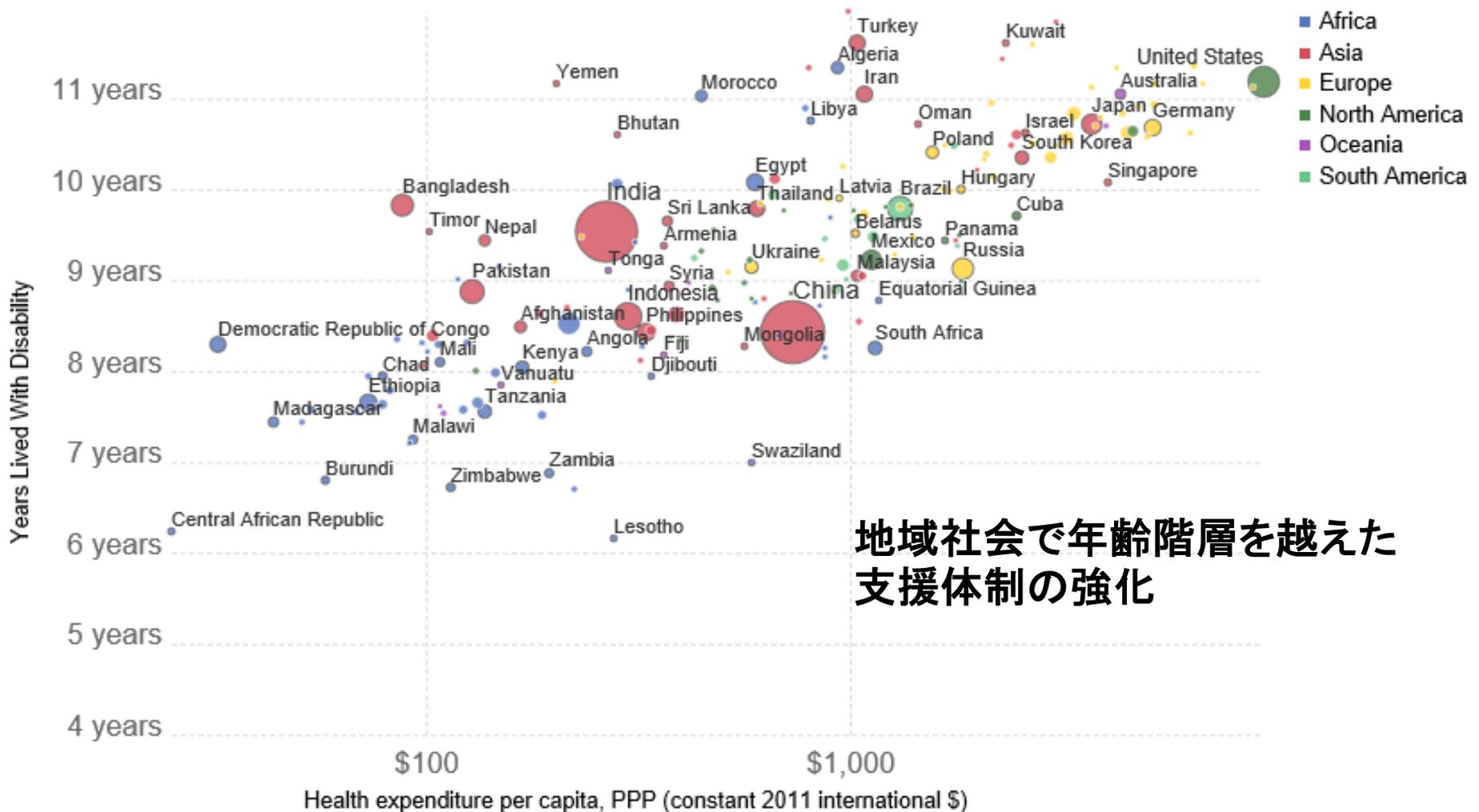
To turn our attention to Asia, Japan and the Association of Southeast Asian Nations (ASEAN) are celebrating the 40th year of ASEAN-Japan friendship and cooperation this year. As a microcosm of diversifying challenges of global health, ASEAN presents an opportunity for all the stakeholders in health to work together for the health



# 経済発展と平均寿命



# 医療支出と障害年数



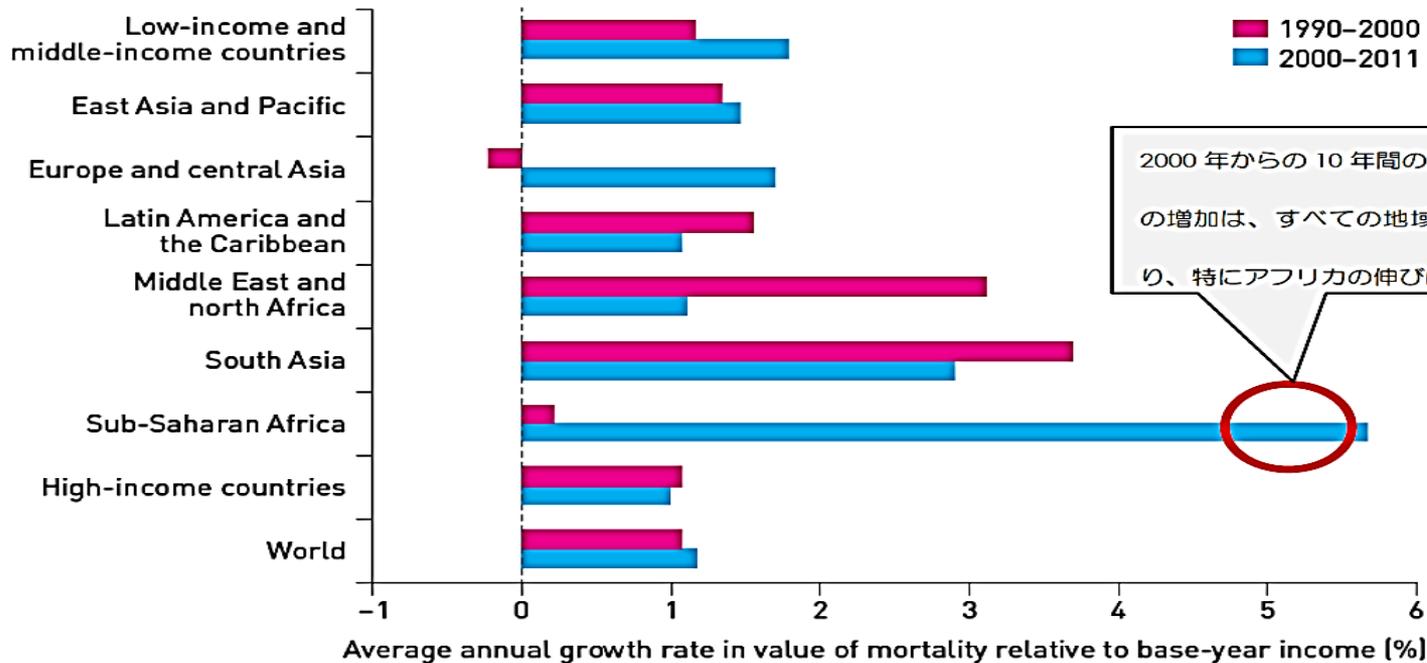
地域社会で年齢階層を越えた  
支援体制の強化

# GLOBAL HEALTH 2035

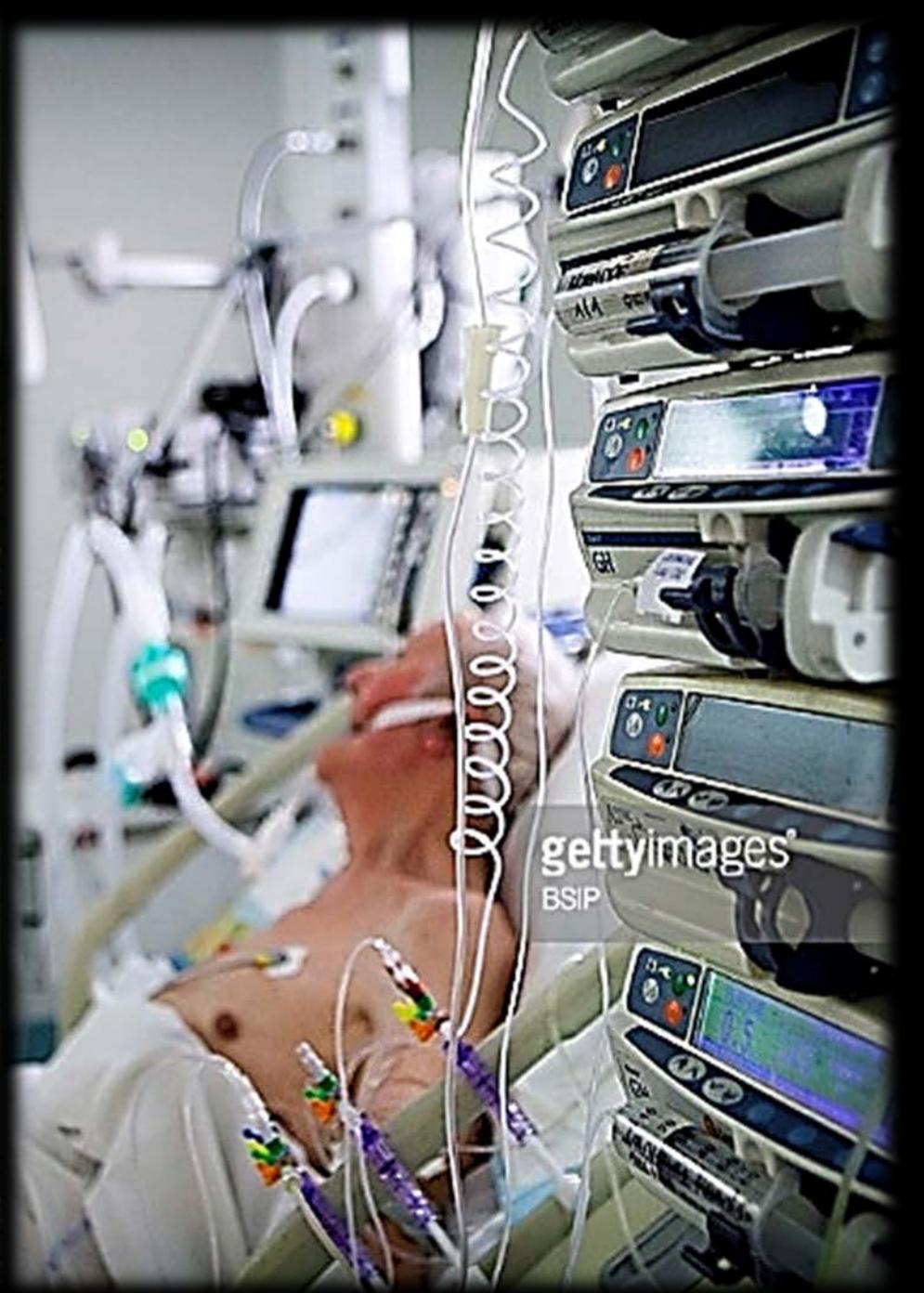
# THE LANCET



Global health 2035: a world converging within a generation

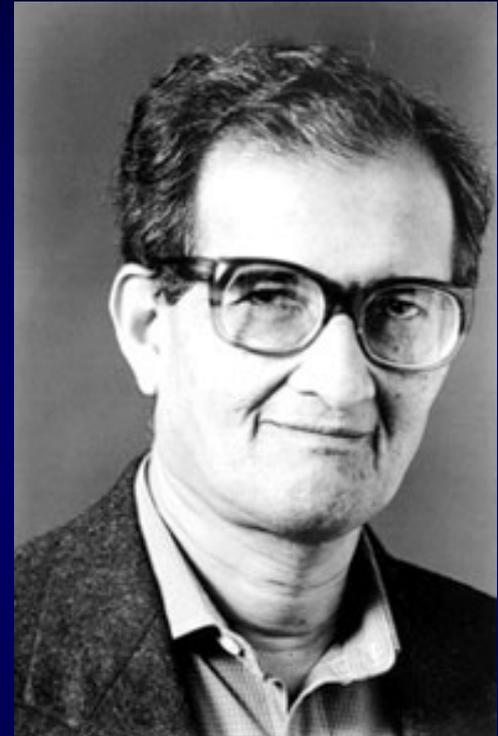


Proposed investment from country-failure  
to market failure



貧困の原因は、能力のはく奪である

**Poverty** is seen as  
deprivation of capabilities.



**Sen, Amartya**  
Development as Freedom  
Anchor Books. New York, 2000  
Nobel Prize Laureate 1998



「病気を治す医療」から「社会変革のためのリーダーシップ」

# 医療のビジネスモデル

患者さんの「病気」



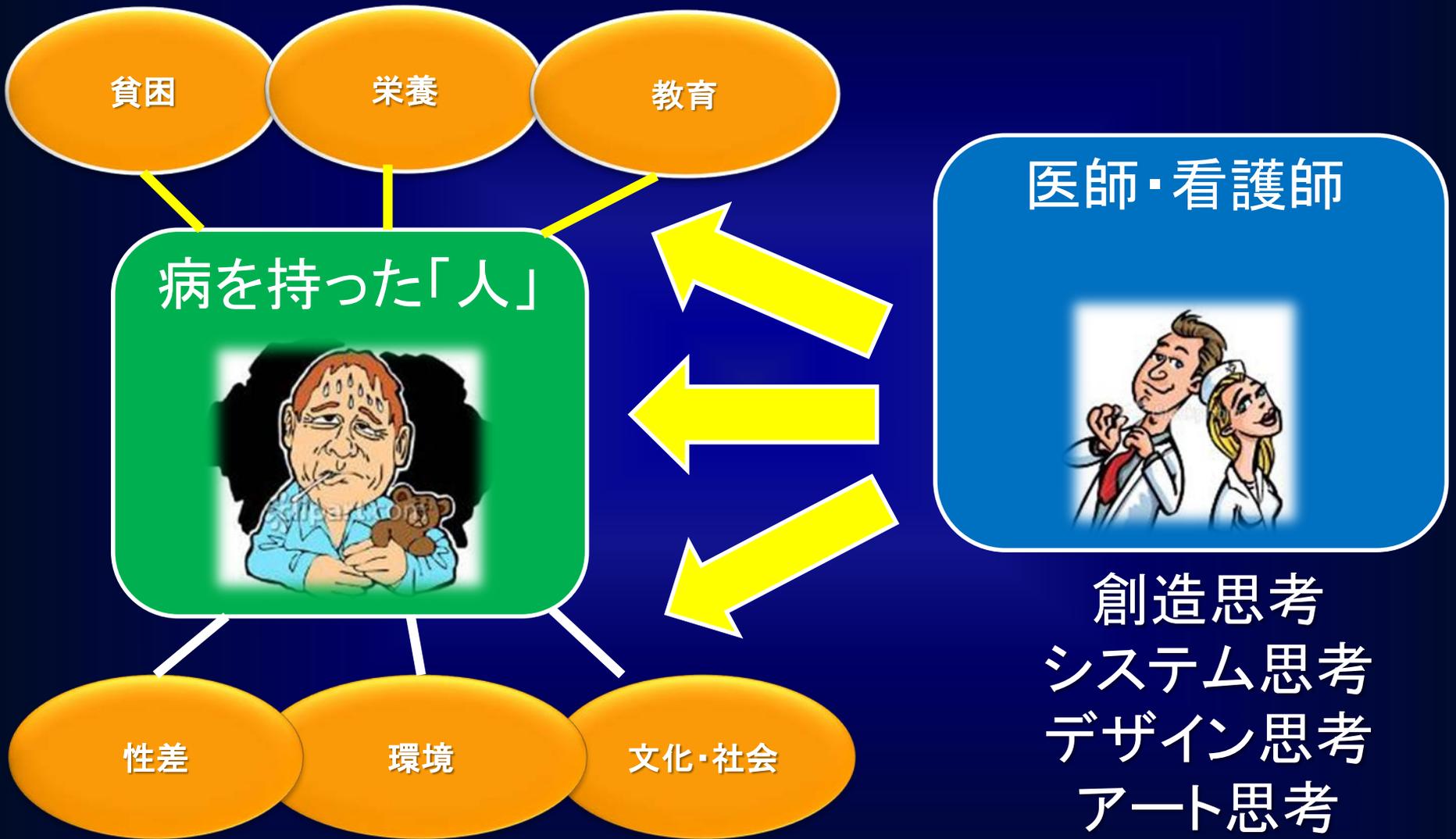
医師・看護師



治療

診断

# 社会変革を目指した新しい医療モデル



# グローバルヘルスの歴史的変遷

18-19<sup>th</sup> Century “Imperial (帝国)”

20<sup>th</sup> Century “International (国際)”

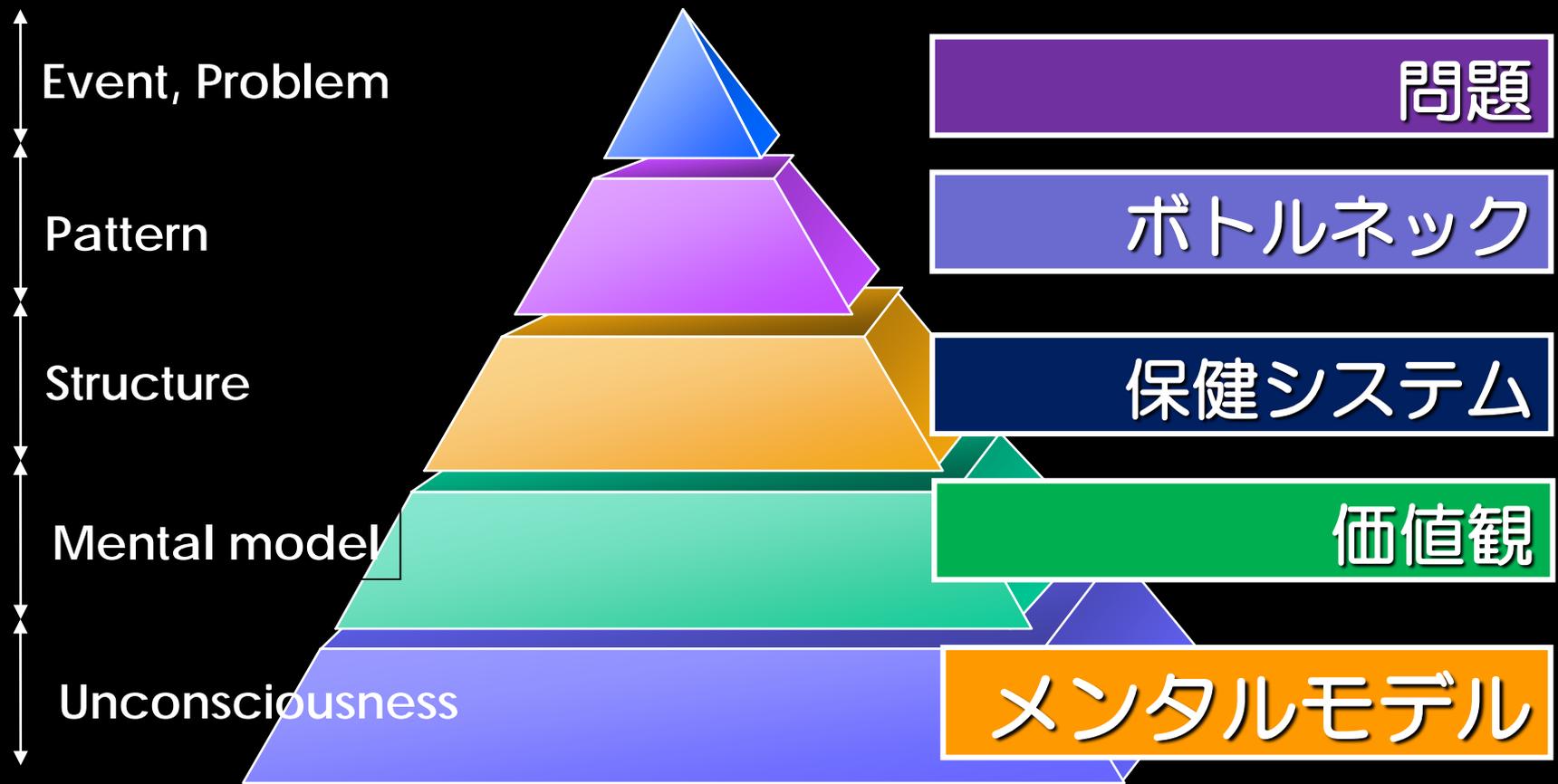
21<sup>st</sup> Century “Global (グローバル)”

21<sup>st</sup> + Century “Planet (惑星)”



# 価値観に基づく健康のデザイン

Value-based Healthcare Systems



すべての人にとって意味のあるシステム

# 「医療の進歩」から「社会の改革」へ

臨床医学

エコシステム  
(地球)  
社会システム

保健システム

疾病



人材育成  
保健財政  
サービス提供  
保健情報  
薬剤・機器  
科学技術  
マネジメント  
リーダーシップ



私たち人類



暮らし

SDGs

保健システム強化

社会デザイン

# 社会変革の担い手



# \*iHub\_



Open Innovation Incubation House Nairobi



# Ms Geek Rwanda

ミス・おたくコンテスト (ルワンダ)







**KUMBUKA!**

- Unuhusu wa utamoni & mwalizi
- Kuumarisha unani wa macho, kumua
- Kuwadia kulenga kimoja ya mwalizi (shab
- Kuwadia Kuumarisha utamoni wa mwalizi
- Pata mwalizi wa mwalizi kwa mwalizi ili
- Kufanikisha upatikanaji wa utamoni &
- mwalizi

# 私たち人類の意識を自分から世界、 そして地球全体に広げてみよう

ルービックキューブ：ランダムに動かして揃えるには、何年かかりますか？



# 1260億年!!



Ervin Laszlo

意識は個人でなく、社会や人類全体を覆い、宇宙全体に広がっている。  
そして、一人の人間が行った選択行動が、世界全体を変えてしまうこともある

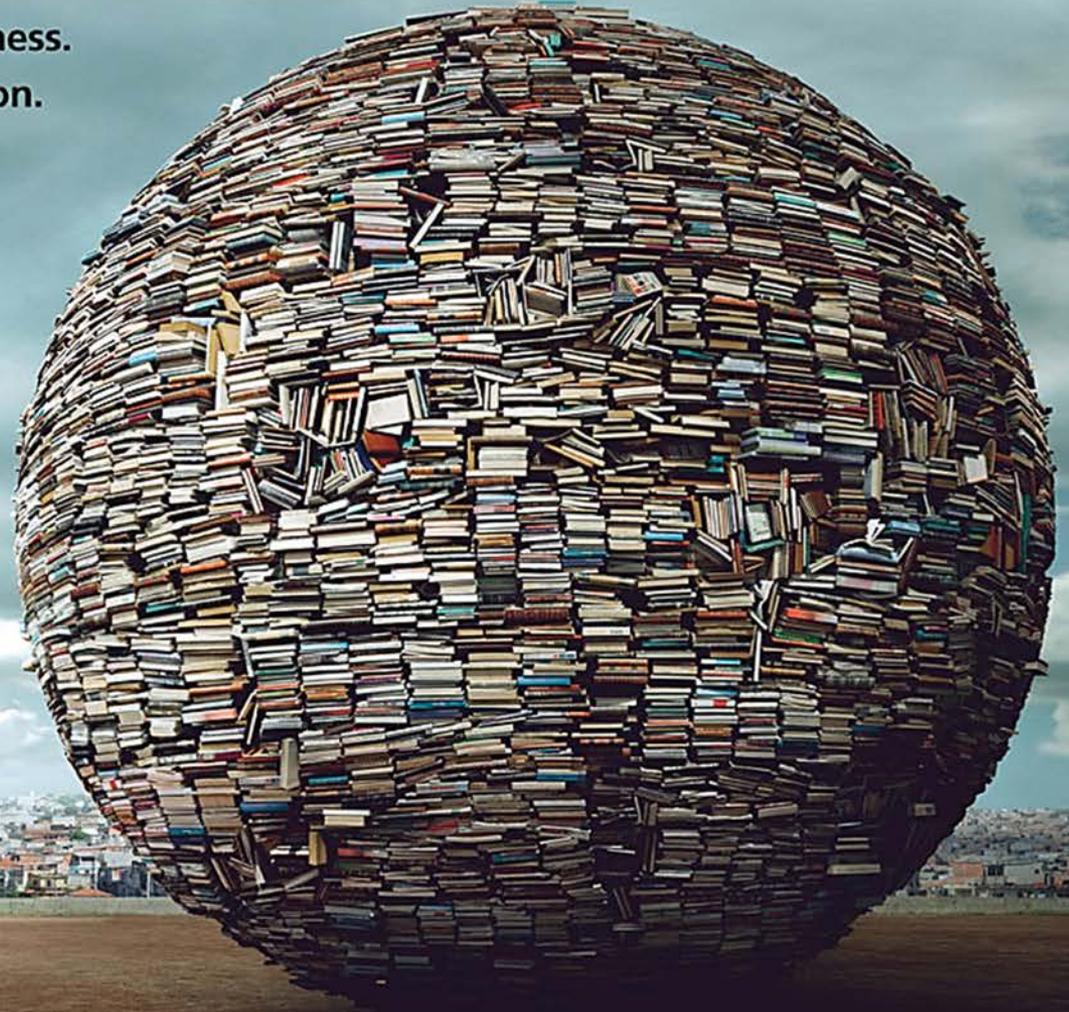
# The Planet Consciousness (惑星意識)

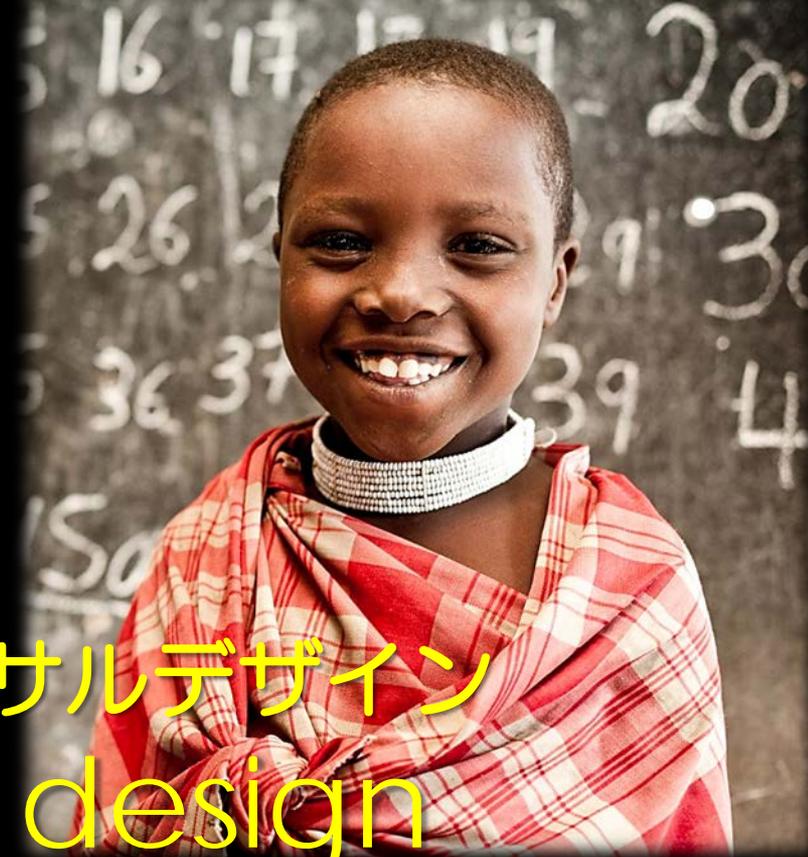
What changes our planet is consciousness.  
What creates consciousness is education.

**Bank of the Planet.**

Investments generating  
information and actions.

[www.bancodoplaneta.com.br](http://www.bancodoplaneta.com.br)

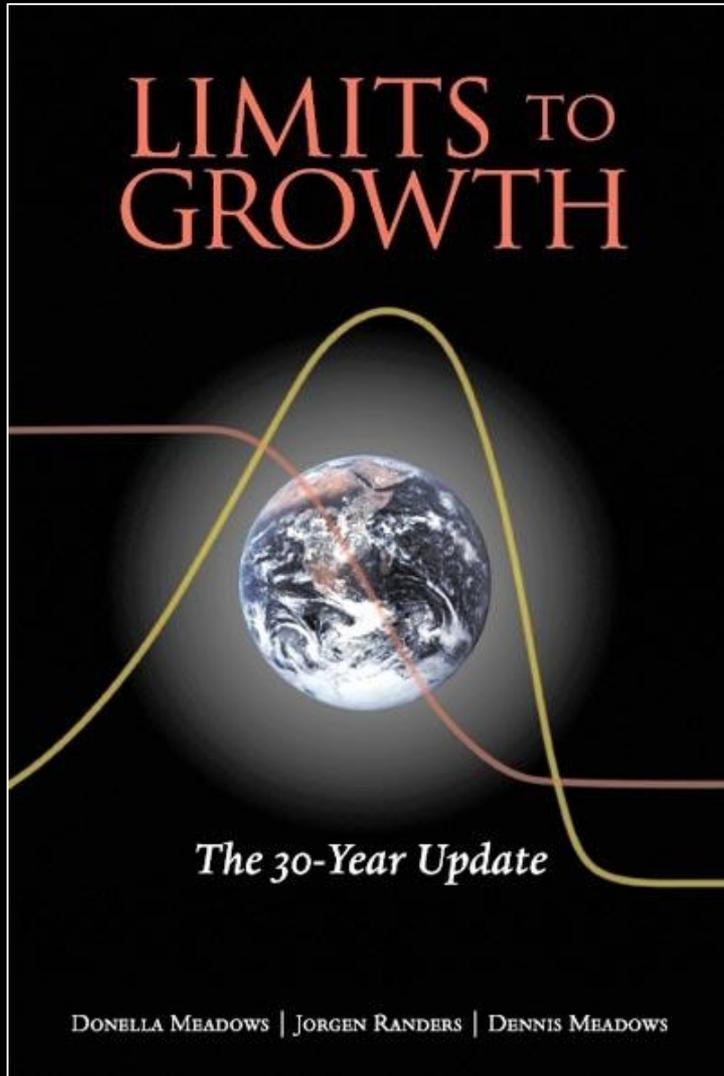




社会のユニバーサルデザイン  
Universal design



# Rome Club (1968)



The scarcest resource is not oil, metals, clean air, capital, labour, or technology. It is our willingness to listen to each other and learn from each other and to seek the truth rather than seek to be right





Contact: [sugishita.tomohiko@twmu.ac.jp](mailto:sugishita.tomohiko@twmu.ac.jp)  
<http://www.twmu.ac.jp/univ/graduate>