



REPORT

TO

HER MAJESTY'S PRINCIPAL SECRETARY OF STATE FOR THE HOME DEPARTMENT,

PROM THE

POOR LAW COMMISSIONERS,

ON AN INQUIRY INTO THE

SANITARY CONDITION

OF THE

LABOURING POPULATION OF GREAT BRITAIN;

WITH

APPENDICES.

Presented to both Houses of Parliament, by Command of Her Majesty, July, 1842.

LONDON:

PRINTED BY W. CLOWES AND SONS, STAMFORD STREET,
FOR HER MAJESTY'S STATIONERY OFFICE.

1842.

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RIGHT HON. SIR JAMES GRAHAM, BART.

HER MAJESTY'S PRINCIPAL SECRETARY OF STATE FOR THE HOME DEPARTMENT.

Poor Law Commission Office, Somerset House, 9th July, 1842.

Sir,

On the 14th May, 1838, the Poor Law Commissioners presented to Lord John Russell a report "relative to certain charges which have been disallowed by the auditors of unions in England and Wales;" together with two supplementary reports; one a "Report on the prevalence of certain Physical Causes of Fever in the Metropolis, which might be removed by proper sanitary measures, by Neil Arnott, M.D., and James Phillips Kay, M.D.;" the other a "Report on some of the Physical Causes of Sickness and Mortality to which the Poor are peculiarly exposed, and which are capable of removal by Sanitary Regulations exemplified in the present condition of the Bethnal Green and Whitechapel Districts, as ascertained on a personal inspection by Southwood Smith, M.D., Physician to the London Fever Hospital." (See Fourth Annual Report, App. A, No. 1.)

On the 29th April, 1839, the Commissioners received from Dr. Southwood Smith a "Report on the prevalence of Fever in Twenty Metropolitan Unions or Parishes during the year ended the 20th March, 1838," which they appended to their Fifth Annual Report. (App. C, No. 2.)

In August, 1839, Lord John Russell addressed the following letter to the Commissioners:—

"Gentlemen, "Whitchall, August 21, 1839.

"The Queen having been pleased to comply with the prayer of an humble address presented to her Majesty, in pursuance of an order of the House of Lords, dated 19th August, 1839, that 'Her Majesty will be pleased to cause inquiry to be made as to the extent to which the causes of disease stated in the Appendix A, No. 1, of the Poor Law Commissioners' Fourth Annual Report, and Appendix C, No. 2, of their Fifth Annual Report, to prevail amongst the labouring classes in the metropolis, prevail also amongst the labouring classes in other parts of England and Wales, and that Her Majesty will be graciously pleased to cause the results of such inquiry to be communicated to the House,'—I have to desire that you will cause inquiry to be made accordingly, and that you will prepare a report upon the result of such inquiry, and transmit the same to me, in order that it may be laid before the House of Lords.

"I am, Gentlemen, your obedient servant.
"J. Russell."

With the view of making the inquiry directed by Lord John Russell's letter, we addressed, in the month of November following, an instruction to our Assistant Commissioners to report upon such parts of the subject as were likely to come under their observation. We likewise addressed letters to the several Boards of Guardians of Unions in England and Wales, and their respective medical officers, requesting them to furnish us with information in answer to certain queries. (App. Nos. 1, 2, and 3.)

The steps which we thus took for conducting the inquiry which we were instructed to make have produced a large body of information, from which we have selected for our present Report that portion which seemed to us most important to the public, and most worthy of consideration by Her Majesty's Government.

From the reports transmitted to us by our Assistant Commissioners we subjoin a report from Mr. Gilbert on the sanitary condition of the labouring population in Devon and Cornwall:

the reports from Mr. Mott and Mr. Power with relation to the sanitary condition of the population of Manchester and the adjacent manufacturing districts, which will be found to be corroborative of the reports of Dr. Baron Howard and Dr. Duncan: one from Mr. Twisleton with relation to the sanitary condition of the population of Norfolk and Suffolk: one from Mr. Tufnell with relation to the sanitary condition of the labouring population of Kent and Sussex: a report from Mr. Parker on the sanitary state of the labouring population in the counties of Berks, Bucks, and Oxford: one from Mr. Weale on cottage accommodation in the counties of Bedford, Northampton, and Stafford,—a report from Mr. Senior on the sanitary condition of the labouring population in the counties of Leicester, Lincoln, Nottingham, and Rutland: one from Sir Edmund Head on the dwellings of the labouring classes, and on the means of procuring better cottage accommodation in the counties of Gloucester, Hereford, Monmouth, Salop, Worcester, Brecknock, and Radnor; three reports from Sir John Walsham on the condition of the dwellings of the labouring population in Durham, Northumberland, Westmoreland, and Cumberland; and a communication from Mr. Day on the cost of erection, repairs, and rents of labourers' cottages in Salop, Cheshire, and North Wales.

We have likewise received several valuable reports upon towns and districts in England from medical men resident upon the spot.

We have obtained a report from Mr. Hodgson and a committee of medical gentlemen of Birmingham on the sanitary condition of the labouring population in that town.

We also append a report on the sanitary condition of the dwellings of the labouring classes, &c., in Manchester, which we have obtained from Dr. Baron Howard, physician to the Ardwick and Ancoats Dispensary of that town:

Also, one on the condition of the labouring population in Liverpool, from Dr. Duncan:

One on the condition of the labouring population in Derby, from Dr. Baker:

One on the condition of the labouring population of Truro, from Dr. Barham:

One on the condition of the labouring population of Brighton, from Dr. Jenks.

One on the sanitary condition of the labouring population in the town of Wolverhampton, by Dr. Dehane.

One on the prevalence of fever in the parish of Breadsall, Derbyshire, by Dr. Kennedy and Mr. Senior.

One on the sanitary state of the town of Stafford, by Dr. Edward Knight.

One on an improved description of cottage tenements for the labouring classes, by Mr. Edmund Ashworth.

One on the sanitary condition of the town of Lancaster, Dr. de Vitrié.

One on the sanitary condition of the town of Leeds, by Mr. Robert Baker.

The detailed statements which we received from the Boards of Guardians, and the Union medical officers, were too voluminous for insertion at length in the present Report; but we have caused them to be carefully examined, and some of the most important results which they contained have been extracted in the manner which we shall presently explain.

It will be observed that the inquiry which we were directed by Lord John Russell to make, in accordance with the address of the House of Lords, was limited to England and Wales. Subsequently, however, we received instructions from the Marquis of Normanby, dated 28th January, 1840, directing us to extend our inquiries to the causes of disease and destitution amongst the working classes in Scotland.

On the receipt of these instructions, we caused a circular letter to the medical practitioners to be sent to the provosts of all the Scotch burghs, with a request that they would put us in communication with the officers of the medical charities and establishments within their jurisdiction. In the same letter we stated fully the objects of the inquiry, and requested to be

informed as to the general state of the main sewers, drainage, &c., of the several towns. (Appendix, Nos. 4 and 5.)

In Scotland, with a few exceptions, none of the medical profession are engaged in the public service as medical officers; and we were therefore compelled to rely on the exertions of the private medical practitioners, from whom we received extensive, zealous, and efficient aid. The President of the College of Surgeons of Edinburgh communicated to us a resolution passed by that body, recommending that all members and licentiates of the college should give every aid in their power to the inquiry into the sanitary condition of the poor. We directed additional queries to be issued to the members of the college, from some of whom we received information similar to that obtained from the medical officers in England.

With respect to the sanitary state of towns and districts in Scotland, we subjoin the following reports from medical gentlemen:—

A report from Dr. Arnott upon Edinburgh and Glasgow: One report from Dr. Scott Alison on the sanitary condition of the colliery population of Tranent, and the adjacent districts:

One report on the condition of the labouring population of Musselburgh from Mr. Stevenson, surgeon:

One report on the condition of the labouring population of Ayr from Dr. Sym:

One on the condition of the labouring population, Stirling, from Mr. W. H. Forrest, surgeon:

One on the condition of the labouring population in Dumfries, from Dr. M'Lellan:

One on the sanitary condition of the poor of Aberdeen, by Drs. Kilgour and Galen:

One on the sanitary condition of the town of Lanark, by Mr. John Gibson, surgeon:

One on the sanitary condition of the city of St. Andrews, by Mr. Adamson, surgeon:

One on the sanitary state of the town of Greenock, by Dr. Laurie:

One on the sanitary condition of Tain and Easter Ross, by Mr. James Cameron, surgeon.

We have likewise received a report on the sanitary condition of the labouring population in Inverness, from Mr. Anderson, solicitor; and one on the sanitary condition of the Old Town of Edinburgh, by Mr. William Chambers.

As our inquiries led us to believe that considerable doubt exists as to the provisions of the existing law of Scotland upon matters concerning the public health, and as there is not in Scotland any local administrative machinery similar to that of the English unions which can exercise a superintendence over the health of the working classes, we obtained the services of Mr. J. H. Burton, advocate of Edinburgh, to report on the legal provisions existing in that city and in other parts of Scotland, and on the additional legislative measures which appeared, from the reports of the medical gentlemen, to be expedient for the improvement of the sanitary condition of the population of that part of the empire.

We also obtained the services of Mr. Charles R. Baird, of Glasgow, writer to the signet, who was pointed out to our notice by the circumstance of his having paid much attention to the condition of the labouring population of that city to report on the powers with which the local authorities are at present invested by law, and the additional powers they may need for the protection of the health of the inhabitants.

It will be observed that the letter of Lord John Russell, in accordance with the address of the House of Lords to Her Majesty, merely directed us to make inquiry as to the extent to which the causes of disease, stated in the Reports of Drs. Arnott and Kay, and of Dr. Southwood Smith, to prevail amongst the labouring classes of the metropolis, prevail also amongst the labouring classes in other parts of England and Wales, and to transmit the results of that inquiry to the Secretary of State for the Home Department. We should, therefore, have complied with the letter of our instructions if we had merely laid before you the information which we have collected in answer to the inquiries which we circulated. It appeared to us, however, that so large a mass of mis-

cellaneous evidence would not be likely to convey a distinct view of the subject of inquiry if we presented it in an undigested form to Her Majesty's Government; and we, therefore, requested our secretary, Mr. Chadwick, to peruse the information which we had received, (including the returns from the boards of guardians and union medical officers,) and, by comparing the different statements with such authentic facts bearing upon the question as he might collect from other sources, to frame a report which should exhibit the principal results of the inquiry which we were instructed to conduct. We subjoin the Report which Mr. Chadwick has prepared in accordance with this request; and we present to you this, and the other accompanying documents, in the full assurance that, as they contain matters seriously concerning the welfare of the community in general, and particularly of the working classes, they will receive the attentive consideration of Her Majesty's Government.

We have the honour to be,

Sir,

Your very faithful and obedient Servants,
GEORGE NICHOLLS,
GEORGE CORNEWALL LEWIS,
EDMUND WALKER HEAD.

APPENDIX.

1.—Circular Letter of Instructions to the Assistant Commissioners in England,

> Poor Law Commission Office, Somerset House, 8th November, 1839.

Sir,—I am directed by the Poor Law Commissioners to call your attention to the following letter lately addressed to them by Lord John Russell.

Whitehall, August 21st, 1839.

"Gentlemen,-The Queen having been pleased to comply with the prayer "Gentlemen,—The Queen having been pleased to comply with the prayer of an humble address presented to Her Majesty in pursuance of an Order of the House of Lords, dated 19th of August, 1839, that 'Her Majesty will be pleased to cause inquiry to be made as to the extent to which the causes of disease stated in the Appendix A., No. 1, of the Poor Law Commissioners' Fourth Annual Report, and Appendix C., No. 2, of their Fifth Annual Report, to prevail amongst the labouring classes in the metropolis, prevail also amongst the labouring classes in other parts of England and Wales; and that Her Majesty will be graciously pleased to cause the results of such inquiry to be communicated to the House,' I have to desire that you will cause inquiry to be made accordingly, and that you will prepare a you will cause inquiry to be made accordingly, and that you will prepare a report upon the results of such inquiry, and transmit the same to me in order that it may be laid before the House of Lords.

"I am, Gentlemen,

"Your obedient Servant, "J. Russell."

The Commissioners consider this the proper time for making arrangements to obtain the returns and information on which they may prepare a report to be submitted to the House of Lords in the ensuing Session of

The Commissioners request your particular attention to the subject, as one of great importance to the labouring classes, inasmuch as it may lead to the removal of the causes of prevalent and fatal diseases, and of consequent destitution and suffering.

The steps which the Commissioners propose to take for obtaining the information required by the order of the House of Lords, are:—

1. To procure from the medical officers of unions returns of the number of cases of contagious or infectious disease, the spread of which within their respective districts has been promoted by the circumstances referred to in the order of the House of Lords, with their observations thereon; for which purpose the Commissioners will issue the necessary circulars to the

2. To obtain information from the Boards of Guardians of districts in

which these diseases appear to have prevailed to a considerable extent, and where the guardians have applied to municipal or other anthorities for

the removal of circumstances promoting the prevalence of such diseases.

3. In large towns, to request some physician,* or general practitioner of eminent reputation, to prepare a report (founded upon data obtained from the unique diseases). the various dispensaries, infirmaries, fever hospitals, and other similar public establishments) respecting the circumstances promoting the prevalence of contagious and infectious diseases in such large towns.

The Commissioners will be glad to receive from you the name of any physician or general practitioner of sufficient eminence to obtain the requisite data, and who will be willing to furnish them with such a report

in each of the towns in your district named in the margin.

4. If the means already indicated should prove insufficient, to obtain a report from yourself founded on personal examination, on spots where, from the returns or from other information, such examination by yourself

or the medical officer of the district may appear necessary.

Some of the chief considerations bearing upon the subject are set forth in the reports referred to in the resolution of the House of Lords, and if within your district there were any Boards of Health appointed during the prevalence of the cholera, it is probable that their reports founded on an examination of the condition of those classes amongst whom the prevalence of that disease was apprehended may furnish you with useful information.

The Commissioners wish further to observe that the state of the dwellings occupied by the labouring classes exercises an important influence upon their health, and the nature and frequency of the diseases to which they are subject, as well as indirectly upon the moral state of themselves and their

The Commissioners therefore request you to investigate the state of the dwellings of the labouring classes in your district, both in towns and in the

country, with reference to the following observations,-It will be desirable generally, after informing yourself of the various descriptions of cottage tenements in your district and the nature of the accommodation or comforts which they contain, to observe-

1. What is the common cost of erection, and the average cost of repairing

each description of these cottage tenements. 2. What are the rents paid by the labourers for each description of these cottage tenements.

3. What is the general proportion of the rent paid by the labourer to his

total expenditure.

You may find within your district instances where the employers of labour (whether agricultural or manufacturing) have erected on their own lands tenements of an improved description for the residence, of the labourers employed by them. You are requested to take notice of all such instances which may come before you, and examine them as standards of comparison with other tenements of an inferior kind. You will inquire as to the comparative health and condition of the inmates, and whether the advantage of improved dwellings has been observed to have any salutary influence on the moral habits of the inmates; -whether the increased comforts of his house and home have tended to withdraw the labourer from the beer-shop, and from the habits of improvidence to which it leads;whether residents in separate and improved tenements are superior in condition, as compared with the labourers who hold merely lodgings, or who reside with other families in the same house.

Where you meet with remarkable instances of improved tenements of this description, you are requested to set them forth in your report, and obtain the loan of the plans or drawings of them, together with any information as to their cost and the probable returns in rent, and whether on the whole (other advantages than the pecuniary return being taken into consideration) they are deemed profitable; or what may be the extent of pecuniary loss upon them, or how far it may be countervailed by other considerations.

Although the facts collected by you may not lead to the adoption of any legislative remedies, the publication of successful examples may be

useful in stimulating to the voluntary adoption of them.

The Commissioners wish you however to consider whether any legislative measure in the nature of a Building Act (i. e. an Act prescribing certain rules to be followed in the building of cottages) would fend to introduce generally the improvements which may have been adopted partially by public-spirited persons in your district.

This may be considered:

1. In the case of tenements intended for the residence of the labouring classes in towns;

2. In the case of cottage tenements in rural districts.

With regard to the former class of tenements, the wages of the labourers in towns being commonly double those earned in the rural districts, they may be well able to afford to procure such an increase of comfort in their houses as may be obtained by means of a Building Act, even at the cost of an additional rent. You are also requested, in your observations on this subject, to bear in mind another question, namely, the expediency of exempting small tenements from the payment of rates, or wherever rents are collected weekly, of collecting the rates from the landlord.

It has been stated that the exemption from poor's rate tends to deteriorate the tenements of the labouring classes, inasmuch as many of such tenements are, for the purpose of obtaining the exemption, built of such quality and appearance as may bring them within the exempted class. It has been further stated, that the benefit of the exemption goes to the landlord, the rent for cottages built for letting in towns being very high as compared with rents obtained for other house property, and that such increased rents have been demanded expressly on the ground of exemption from rating. The causes affecting the construction of cottages are not expressly mentioned in the reports referred to in the resolution of the House of Lords, which treat chiefly of the external and immediatelyremovable causes of disease, such as stagnant pools or other out-door nuisances with which the parochial officers had to some extent been heretofore accustomed to interfere. But the defective construction of the cottages themselves, and the imperfect protection they may afford against cold or damp—the want of means for the due regulation of warmth or of conveniences for cleanliness, may often be the causes of the prevalence of disease; and the Commissioners consider not only that these subjects cannot with propriety be overlooked in any report on the sources of disease among the labouring classes, but that the beneficial moral results which may arise from the suggestion of improvements in the habitations of the labouring classes justify the Commissioners in taking this occasion to direct your attention to the heads of inquiry which are noticed in this communication.

Signed, by Order of the Board, E. CHADWICK, Secretary, Assistant Poor Law Commissioner.

2.—Circular Letter of Instructions to Clerks of the Boards of Guardians in England and Wales.

> Poor Law Commission Office, Somerset House, 12th November, 1839.

Sir,-I am directed by the Poor Law Commissioners to inform you that they have, in compliance with a communication from Her Majesty's Secre-

^{*} The Commissioners have no money to remunerate physicians; and those named should be distinctly informed that the service will be purely honorary.

tary of State for the Home Department, directed the enclosed letters to the medical officers of your board, together with the accompanying forms for their answers, and I am to request that you will transmit them accordingly.

The medical officers will transmit to you the returns when completed, and by you they will be forwarded when the information required is obtained from all the medical officers to the office. In case of any defect in the returns which cannot be remedied, you will state the nature and extent of the same at the time of transmission.

Before transmitting the returns, you are to read them at a meeting of the Board of Guardians, acquaint them with the answers, and annex any further information which they may be enabled to communicate in aid of the inquiry.

Signed, by Order of the Board, EDWIN CHADWICK, Secretary.

To the Clerk to the Board of Guardians.

3.—Circular Letter of Inquiry to the Medical Officers of the Unions in England and Wales, transmitted to them, with Forms of Return, through the Clerks to the Guardians.

Poor Law Commission Office, Somerset House, 12th November, 1839.

Sir,—With the view of ascertaining the extent of the existence of circumstances promoting the prevalence of contagious and infectious diseases described in the reports referred to in the Order of the House of Lords, set forth in the letter from Lord John Russell, a copy of which is hereto annexed, you are requested to fill from the medical relief Lists the enclosed returns, and transmit them to the clerk of the union, with such observations as occur to you thereon.

You will observe that the object of the Commissioners is to ascertain the existence and extent of the visible and removable agencies promoting the prevalence of such diseases as are commonly found connected with the defects in the situation and structure or internal economy of the residences of the labouring classes.

The attention of the physicians who drew reports on the state of the metropolis was almost exclusively directed to the causes affecting the prevalence of various forms of continued fever, arranged under distinguishing names adopted by nosological writers: but in rural districts the prevalence of ague, and of small-pox, and scarlet fever, may be worthy of notice when the causes promoting their prevalence appear removable.

You will, in your observations on the class of cases returned, note the situation, character and quality of the tenements in which the diseases have occurred;—whether they are situated in a neighbourhood habitually infected with malaria;—whether there are occasional causes of malaria, such as floods, &c.; and in such cases, whether you have any suggestions to make as to the best means of diminishing the evil;—whether they are drained or undrained, whether tight or otherwise;—whether there are good means of securing ventilation with a due regard to warmth;—whether there are accumulations of filth, and if so, whether they are ascribable to the slovenly or indolent habits of the inmates, or to the want of proper receptacles for refuse;—whether the occurrence of disease amidst this part of the population is regular or otherwise, and what are the seasons at which it appears, and its characteristics.

The Commissioners request that you will favour them with any information which you may have gained in the course of your medical experience, as to the condition of the inmates of such residences;—whether there is a need of superior cottage accommodation, or to what extent the improvement of the residence would influence the habits beneficially; as, for exam-

ple,—whether you have witnessed any beneficial effects on the habits of the inmates by providing cottages with a day-room, scullery, pantry, three bedrooms, and convenient receptacles for refuse and for fuel;—whether within your district there are other labourers of the like class, who occupy improved tenements in a superior situation, and what is the general health and condition of the inmates as compared with the general health and condition of the inmates less advantageously situated;—whether you have seen any cottages constructed with a view to the most economical management of fuel both in cooking and maintaining a proper temperature in the rooms;—and further, any observations that may occur to you on the subject of the health of the labouring classes in connexion with what may appear to you to be available sanitary regulations.

The accompanying portions of the report, and the appendix referred to in their lordships' order, are transmitted for your information as to the causes of disease existing in the metropolis, which it is deemed necessary to investigate in other parts of the country.

Signed, by Order of the Board, EDWIN CHADWICK, Secretary.

To the Medical Officer of the

District.

Gentlemen,—The Queen having been pleased to comply with the prayer of an humble address presented to Her Majesty, in pursuance of an order of the House of Lords, dated 19th August, 1839, "that Her Majesty will be pleased to cause inquiry to be made as to the extent to which the causes of disease stated in the Appendix A., No. 1, of the Poor Law Commissioners' Fourth Annual Report, and Appendix C., No. 2, of their Fifth Annual Report, to prevail amongst the labouring classes in the metropolis, prevail also amongst the labouring classes in other parts of England and Wales; and that Her Majesty will be graciously pleased to cause the results of such inquiry to be communicated to the House,"—I have to desire that you will cause inquiry to be made accordingly, and that you will prepare a report upon the results of such inquiry, and transmit the same to me, in order that it may be laid before the House of Lords.

I am, Ge	entlemen,	
·	Your obedi	ient Servant,
	(Signed)	J. Russell.
Form of Return transmitted with the ab	ove Letter to th	ne Medical Officer.
For the Year ended September 29, 1829	9_	•
A RETURN from Mr.		Iedical Officer
of the District of		Union

Cases.	Occupation	C!4	OBSERVATIONS. (If there should not be sufficient
No. Nosological Names of.	of Applicants,	Situation and State of Residence,	space for the requisite Observa- tions, they may be continued on the back of the Return, or on a fly-leaf, to be attached to the Return.

Signature of Medical Officer:

4.—Circular Letter to the Provosts of Burghs in Scotland.

Poor Law Commission Office, Somerset House, London.

Sir,-The Poor Law Commissioners have received from Her Majesty directions to extend to Scotland the inquiry they have, in compliance with an address from the House of Lords, been directed to make in England as to the causes of disease and destitution arising from the situation and construction of the dwellings of the labouring classes, and from other similar circumstances affecting their sanitary condition.

The Commissioners request your aid in conducting the inquiry in the

The Commissioners have obtained valuable information in England from the medical practitioners who have the care of hospitals and dispensaries, where those contagious febrile diseases to which their attention has been specially directed come under the observation and treatment of experienced professional men.

The Commissioners ask of you the favour of putting them in communication with the officers of the medical charities and establishments in the

supported by the voluntary subscriptions of the inhabitants or by payments out of the town funds, or both.

The Commissioners desire to ascertain, either from the officers of such institutions or from the medical practitioners of the most extensive practice amongst the poorer classes, or from those who visit them in their habitations, to what extent continued fever, and other contagious febrile diseases, are prevalent amongst the poor; -what is the character of the streets and houses in which these maladies most frequently arise, or spread with the greatest rapidity; the state of the paving,—seavenging, and sewerage of such streets,—their width,—the drainage of the houses,—their size,—their state of repair,—the number of families living under one roof, -the number living in cellars; -and other circumstances relating to the structure and situation of the habitations of the poorer classes, and their habits, by which they may be rendered more susceptible of the influence of contagion.

The Commissioners would also be glad to obtain information whether the main sewers of the town have been constructed in a satisfactory manner, and kept in good repair; and to what body, and with what powers this duty is confided; -whether there are any sanitary regulations of a local character for the enforcement of the paving of streets, and of drainage on the owners of houses erected within a reasonable distance of sewers; whether any local body has power to interfere in the removal of any, and if so of what, nuisances injurious to health; or to cause lodging-houses, and dwellings liable to be infected with fever, to be cleansed and whitewashed from time to time, and by whom the expense of such interference is sustained.

The Commissioners are further desirous of ascertaining whether the authority possessed by the town council, or other local body intrusted with the paving, scavenging, sewerage, the removal of nuisances and other causes of disease, are sufficient, or might in any respect be increased with advantage to the sanitary condition of the town, and especially of those parts of the town which are inhabited chiefly or exclusively by the working classes, and which are therefore comparatively remote from the observation, and less subject to the interference of the middle classes.

The Commissioners will be glad to obtain from you or from the town any suggestions which you may be desirous to make on the subject; and they trust they may have the benefit of your advice and assistance in the inquiry with which they are charged in the its suburbs.

I have the honour to be, Sir,

Your very obedient servant,

The Provost of

EDWIN CHADWICK, Secretary.

5.—Circular Letter of Inquiry to Dispensary Surgeons and Medical Practitioners in Scotland.

> Poor Law Commission Office, Somerset House, London, 19th June, 1840.

Sir,-The Poor Law Commissioners have been directed to extend to Scotland the inquiry which in the past year they received Her Majesty's commands to conduct in England, for the purpose of ascertaining what circumstances in the condition of the poorer classes promote the spread of

continued fever and other contagious febrile diseases.

They are desirous that this inquiry should be conducted with care in large towns, where the sources of contagion or the circumstances which promote its rapid diffusion among the population are more rife than in the rural districts; they are anxious to obtain the assistance of the medical practitioners having charge of hospitals and dispensaries in such towns, because such institutions afford the best means of observing under what circumstances febrile contagious diseases are disseminated; of defining the districts of the town in which they spread; of ascertaining the character of the streets and houses in such districts; the comparative attention paid to the paving, sewerage, and drainage of these districts; and whether or not they are subject to malarious influences.

The structure of the dwellings of the labouring classes; the nature and extent of their internal accommodation, and of the means for securing cleanliness, for removing filth, for promoting ventilation, and for providing warmth with due economy, can be most easily ascertained by medical gentlemen who devote their time to the frequently gratuitous services of public institutions; they also are most competent to discriminate between the direct influence of the habits of the poorer classes, and of the external circumstances by which they are surrounded, on their sanitary condition; while on the other hand they will not be liable to fall into the error of supposing that these habits are independent of arrangements which ad-

minister to domestic comfort.

The Commissioners trust, therefore, they may rely with confidence on your affording them your valuable assistance in the inquiry which they are directed to pursue. They trust you will permit them to suggest that if the cases recorded in the books of your hospital were grouped according to the districts from which the patients were removed, you would at once be able to define in a map those parts of your town most subject to contagious febrile diseases, and to furnish the Commissioners with the number of cases of each febrile disease occurring in each of these districts, and would possess the means of ascertaining and delineating the features of those districts in all that relates to the sanitary condition of the inhabitants, and to medical police. Besides the general influences alluded to in the former part of this letter, you will probably find it useful to ascertain whether any injurious consequences are clearly attributable to certain classes of manufactories surrounded by the habitations of the poor, to the location of slaughter-houses, tanneries, ancient burial grounds, &c., amidst dense masses of the population.

In the course of this inquiry it may be found necessary to distinguish the extent of disease caused by physical or removable agencies, by malaria created by defective drainage, or the bad construction of the dwellings of the labouring classes, from disease caused by destitution of the proper means of subsistence arising from poverty. It may be expected of the medical practitioners from whom the Commissioners hope to obtain reports, that they will make the distinction wherever it is found to exist.

The Commissioners will value any suggestions you may have to offer respecting the removal of the injurious agencies which may fall under your observation. You are probably well acquainted with the nature of the powers confided to the municipal authorities or other local bodies respecting the paving, sewerage, and drainage of the town, and especially of those parts of it which are inhabited chiefly or solely by the working classes. The Commissioners request you to observe whether those powers enable the municipal or other local body to complete the sewerage, and to enforce the paving and drainage of the streets partially or wholly at the expense of

the proprietors of these houses.

The spread of contagious diseases is greatly facilitated in many towns by the extreme filth of lodging-houses to which mendicants and vagrants resort, and of the habitations of certain of the lowest portion of the poorer class; measures of medical police have been resorted to on the occurrence of epidemic fevers, and at the period of the invasion of cholera, for cleansing and white-washing these habitations at the expense of the inhabitants. The Commissioners request you to state under what circumstances you conceive such measures might be usefully resorted to, and under what superintendence, and whether the expense should fall on the owners of such habitations or on the inhabitants generally, and whether this interference should be habitual or casual.

Suggestions have been made to the Commissioners that the nature of the thoroughfares, and the structure and internal arrangement of the buildings in districts inhabited by the working classes in large towns would be greatly improved if subject to the regulations of a Building Act enforced by the municipal authorities, or by a local board of health; they invite you to reflect on the provisions of such a law, and to state under what circumstances and to what extent you conceive such interference desirable.

Generally the Commissioners are desirous to receive your impressions respecting the means of improving the sanitary condition of the working classes, especially in those parts of your town in which contagious febrile

diseases most frequently prevail. Copies of the forms and exemplifications of the mode of entering the particulars of the information sought in the returns circulated in England, and the reports on the sanitary condition of the labouring classes in the metropolis, are herewith transmitted for your use. The Commissioners have not asked for returns in any prescribed form from the medical practitioners in the towns of Scotland, because they are uninformed as to the nature of the existing records of facts relating to medical statistics in the towns, and they wish to consult the practitioners' convenience, and be guided by them as to the best use to be made of the local circumstances for obtaining information.

> I have the honour to be, Sir, Your very obedient Servant.

EDWIN CHADWICK, Secretary.

- 6.—Form of General Queries addressed to Medical Practitioners and others for Information as to the Condition of the Labouring Classes in Scotland.
- 1. Have diseases of the various forms of continued fever, and other contagious febrile diseases, been prevalent in any, and what, parts of your

parish or district, and do such diseases recur at regular intervals, or are they rare and occasioned only?

2. What are the seasons at which such diseases appear amidst any part

of the population, and what their characteristics?

3. Did the cholera at the time of its general prevalence prevail to any, and what, extent within the district?

4. What is the external condition, in the following respects, of the resi-

dences of the population amidst which such diseases occur?

(a.) As to the contiguity of vegetable or animal substances in a state of decomposition, stagnant pools or undrained marshes, accumulations of

refuse, either thrown from houses or otherwise?

- (b.) As to the means adopted or the means available for the removal of such substances, or the prevention of the generation of malaria; whether there are sufficient drains or sewers, adequately well supplied with water to dilute, and sufficiently sloping to carry off all such refuse; whether such drains are sufficiently closed to confine noxious exhalations from them; whether there is any regularly appointed service of scavengers or otherwise for the removal of such substances; whether there is such ventilation around the residences of, as to dissipate the noxious vapours apparently irremovable?
- 5. Describe the internal structure and economy of the residences of the population amidst which contagious febrile diseases arise,-

(a.) State whether they, as well as the surrounding land, are drained or undrained?

(b.) Whether they are properly supplied with water for the purposes of cleanliness of the houses, persons, and clothing?

(c.) Whether there are good means of ventilation with a due regard to warmth?

(d.) Whether there are proper receptacles for filth in connexion with the cottages?

6. As to the internal economy of such residences, describe further,— (a.) Whether they are unduly crowded, and several families or persons

occupy the space which would properly suffice only for a less number? (b.) Whether there are any inferior lodging-houses crowded by mendicants or vagrants?

(c.) Whether there is gross want of cleanliness in the persons or habitations of certain classes of the poor?

(d.) Whether there is a habit of keeping pigs, &c., in dwelling-houses, or close to doors or windows?

(e.) Whether there is an indisposition to be removed to the hospitals

when infected with contagious disease?

7. Of the diseases described in question 1, are any or what proportion ascribable to other causes than those specified in questions 4, 5, and 6? if so, distinguish those other causes so far as you are able, and the extent of diseases resulting from them.

8. What is the common cost of erection and average cost of repairing each description of the tenements or cottages inhabited by the labouring

classes?

9. What are the rents paid by the labourers for each description of tenements or cottages?

10. What is the general proportion of the rent paid by the labourer to his total expenditure?

- 11. What is the common cost of the lodgings to persons of the labouring
- 12. Are you of opinion that any, and what, legislative measures are desirable or available for remedy of any of the evils existing within your
- 13. Have any, and what, voluntary exertions been made to improve the

externa	lor	internal	economy	of	the	residence	s of	the	labouring	classes
within :	your	district?	and if so,	de	scrib	e their na	ture	and	effects.	

Name of the parish or district to which the preceding answers refer.

Name of the medical practitioner or other person by whom the answers are given.

Note.—Where the space opposite to any question does not suffice for the full answer which it may be desirable to give, it may be written on the blank space at the back of the sheet, or on a separate sheet, reference being made to the number or letter of the question.

Any general observations may be hereunder annexed.

It is requested that the answer may be transmitted by the post to "The Poor Law Commissioners," according to the address on the inside of the envelope which may be used for the purpose.

REPORT

ON THE

SANITARY CONDITION OF THE LABOURING POPULATION OF GREAT BRITAIN.

ну

EDWIN CHADWICK, ESQ.,

BARRISTER AT LAW, AND SECRETARY TO THE BOARD OF POOR LAW COMMISSIONERS.

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REPORT

ON THE

SANITARY CONDITION OF THE LABOURING POPULATION,

AND ON

THE MEANS OF ITS IMPROVEMENT.

London, May, 1842.

GENTLEMEN,—Since my special attention was directed to the inquiry as to the chief removable circumstances affecting the health of the poorer classes of the population, I have availed myself of every opportunity to collect information respecting them. In company with Dr. Arnott I visited Edinburgh and Glasgow, and inspected those residences that were pointed out by the local authorities as the chief seats of disease. I also visited Dumfries. An inspection of similar districts in Spitalfields, Manchester, Leeds, and Macclesfield, and inquiries formerly made under the Commission of Poor Law Inquiry, and inspections of the condition of the residences of the poorer classes in parts of Berkshire. Sussex, and Hertfordshire, had supplied me with means of comparison. Abandoning any inquiries as to remedies, strictly so called, or the treatment of diseases after their appearance, I have directed the examinations of witnesses and the reports of medical officers chiefly to collect information of the best means available as preventives of the evils in question. On the documentary evidence of the medical officers, and on the examinations of witnesses, aided by personal inspections, I have the honour to report as follows:--

Partial descriptions of the condition of the labouring classes, in respect to their residences and the habits which influence their health, afford but a faint conception of the evils which are the subject of inquiry. If only particular instances, or some groups of individual cases be adduced, the erroneous impression might be created that they were cases of comparatively infrequent occurrence. But the following tabular return made up from the registration of the causes of death in England and Wales, which is the most complete yet attained, will give a sufficiently correct conception of the extent of the evils in question, when illustrated by the evidence of eve-witnesses, the medical officers whose duty it has been to attend on the spot and alleviate them. The table comprehends the abstract of the returns of the deaths from the chief diseases. which the medical officers consider to be the most powerfully influenced by the physical circumstances under which the population is placed—as the external and internal condition of their dwellings, drainage, and ventilation.

To the Poor Law Commissioners.

2

	Number of Deaths during the Year ended 31st December, 1833, from										l'rope	
COUNTIES.	Epidemic, Endemic, and Contagious Diseases.				Diseases of Respiratory Organs.			3	4	Total Deaths from the	tion of Deaths from the	
								Dis- cases of	Dis-		preced- ing Causes in every	Cause of Mor tality
	Fever: Typhus, Scarla- tina.	Small- pox.	Mea- sles.	Hoop- ing Cough.	sump•	Pneu- monia.	All other Classes	Brain, Nerves, and Senses.	eases of Di- gestive Organs,	four pre- ceding Classes of Discases.	two of the Popula- tion, 1841.	1000 o the
England.							1					
Bedford .	155	75	40	66	457	97	57	304	131	1382	13	22
Berks	204	288	21	86	739	231	162	467	201	2399	15	25
Bucks	256	85 136	61 57	27 90	575 686	131 156	61 70	318	152 189	1696	11 12	19
Cambridge Chester .	231 592	279	178	87	1742	366	345	1442	421	1933 5452	14	21 21
Cornwall .	443	135	168	491	1270	342	124	631	228	3832	11	
Cumberland	165	188	11	83	562	75	142	278	169	1673	9	21
Derby	394	77	79	71	905	200	205	777	268	2976	11	18
Devon	615	460	287	312	1649	564	298	1237	471	5893	11	18
Dorset	137	255	80	58	571	146	106	380	159	1892	11	19
Durham .	347	316	139	304	1007	352	207	1138	274	4094	13	21
Essex	417	460	83 440	163	1250	276	234	782	268	3933	11	19
Gloucester Hereford .	352 84	457 83	17	244 36	1395 333	578 56	476 57	1142 238	510	5594 966	13 8	20 18
Hertford .	160	116	45	48	620	107	90	453	155	1794	11	20
Huntingdon	61	18	ĩ	17	216	45	42	140	72	612	10	18
Kent	955	510	169	214	1701	564	526	1650	651	6940	13	21
Lancaster .	2866	1628	898	910	8124	2660	1916	7457	3231	29690	18	25
Leicester .	273	98	17	70	941	243	154	668	314	2778	13	21
Lincoln .	370	138	29	88	874	248	242	1090	358	3437	9	17
Middlesex	4422	3359 321	487 49	1749 91	6220	3097	2334	6643	2492	30803	20	27
Monmouth Norfolk .	328 515	126	63	109	481 1388	183 325	78 281	550 793	100 395	2181 3995	16 10	24 19
Northampt ⁿ	348	148	36	36	762	192	124	503	212	2361	12	21
Northumb ^d	366	149	46	113	715	287	240	709	338	3013	12	$\begin{bmatrix} \tilde{2}1\\ 21 \end{bmatrix}$
Nottingham	222	73	18	80	911	225	201	901	287	2918	12	$\frac{70}{20}$
Oxford .	222	81	51	59	655	108	152	389	180	1897	12	21
Rutland .	11	$\frac{2}{1}$	1112	13	64	14	8	56	28	196	9	17
Salop Somerset .	213 560	154 710	112 401	138 46	995 1446	242	168	550	284	2856	12	21
Southampt ⁿ	454	164	78	148	1222	426 338	373 331	982 881	473 372	5417 3988	12 17	21
Stafford .	610	249	182	268	1809	539	419	1251	597	5924	12	19 18
Suffolk .	480	325	53	158	1306	315	184	538	275	3634	$1\overline{2}$	20
Surrey	1348	814	177	565	2196	978	700	2325	763	9866	11	25
Sussex	391	80	159	88	1047	222	181	863	295	3326	11	18
Warwick .	454	415	153	164	1495	678	361	973	638	5336	13	20
Westmoreld	41 246	40 259	263	.41 140	248	33.	44	154	46	653	12	21
Wilts Worcester .	381	305	122	258	869 990	268 353	212 235	606	241	3104	12	20
York, E.R.	194	92	167	149	725	194	176	645 1009	446 251	3735 2957	16 13	29
,, N.R.	123	28	69	114	550	102	135	553	187	1861	9	21 17
,, W.R.	1298	993	799	50 <i>7</i>	4253	1202	848	4374	1494	15768	14	21
WALES.	1									ĺ		
North	660	575	4	210	1227	102	223	1311	198	4510	13	18
South	1613	1004	199	398	1834	129	277	1200	380	7034	14	21
Total, 1838	24,577	16,268	6514	9107	59,025	17,999	13,799	49,704	19,306	216,299	14	22
Total, 1839	25,991	9131	10.937	8165	59,559	18,151	12,855	49,215	20,767	214,771	14	21

The registration of the causes of death for the year 1838 is selected, as that was the year when the report was made on the sanitary condition of the labouring population in the metropolis, which has served as the foundation of the extended inquiry.

There are no returns, and no adequate data for returns, to show the proportion in which deaths from the several causes above specified occur amongst the population of Scotland, but there is evidence to which reference will subsequently be made tending to prove that the mortality from fever is greater in Glasgow, Edinburgh, and Dundee than in the most crowded towns in England.

The registered mortality from all specified diseases in England and Wales was, during the year 1838, 282,940, or 18 per thousand of the population. These deaths are exclusive of the deaths from old age, which amounted to 35,564, and the deaths from violence, which amounted to 12,055. The deaths from causes not specified were 11,970. The total amount of deaths was 342,529 for that year. In the year following the total deaths were 338,979, of which the registered deaths from old age were 35,063, and the deaths from violence 11,980. The proportion of deaths for the whole population was 21 per thousand.

It appears that fever, after its ravages amongst the infant population, falls with the greatest intensity on the adult population in the vigour of life. The periods at which the ravages of the other diseases, consumption, small-pox, and measles take place, are sufficiently well known. The proportions in which the diseases have prevailed in the several counties will be found deserving of peculiar attention.

A conception may be formed of the aggregate effects of the several causes of mortality from the fact, that of the deaths caused during one year in England and Wales by epidemic, endemic, and contagious diseases, including fever, typhus, and scarlatina, amounting to 56,461, the great proportion of which are proved to be preventible, it may be said that the effect is as if the whole county of Westmoreland, now containing 56,469 souls, or the whole county of Huntingdonshire, or any other equivalent district, were entirely depopulated annually, and were only occupied again by the growth of a new and feeble population living under the fears of a similar visitation. The annual slaughter in England and Wales from preventible causes of typhus which attacks persons in the vigour of life, appears to be double the amount of what was suffered by the Allied Armies in the battle of Waterloo. It will be shown that diseases such as those which now prevail on land, did within the experience of persons still living, formerly prevail to a greater extent at sea, and have since been prevented by sanitary regulations; and that when they did so prevail in ships of war, the deaths from them · were more than double in amount of the deaths in battle. But the number of persons who die is to be taken also as the indiв 2

cation of the much greater number of persons who fall sick, and who, although they escape, are subjected to the suffering and loss occasioned by attacks of disease. Thus it was found on the original inquiry in the metropolis, that the deaths from fever amounted to 1 in 10 of the number attacked. If this proportion held equally throughout the country, then a quarter of a million of persons will have been subjected to loss and suffering from an attack of fever during the year; and in so far as the proportions of attacks to deaths is diminished, so it appears from the reports is the intensity and suffering from the disease generally increased. It appears that the extremes of mortality at the Small-pox Hospital, in London, amongst those attacked, have been 15 per cent. and 42 per cent. But if, according to other statements, the average mortality be taken at 1 in 5, or 20 per cent., the number of persons attacked in England and Wales during the year of the return, must amount to upwards of 16,000 persons killed, and more than 80,000 persons subjected to the sufferings of disease, including, in the case of the labouring classes, the loss of labour and long-continued debility; and in respect to all classes, often permanent disfigurement, and occasionally the loss of sight.

In a subsequent part of this report, evidence will be adduced to show in what proportion these causes of death fall upon the poorer classes as compared with the other classes of society inhabiting the same towns or districts, and in what proportions the deaths fall amongst persons of the same class inhabiting districts

differently situated.

The first extracts present the subjects of the inquiry in their general condition under the operation of several causes, yet almost all will be found to point to one particular, namely, atmospheric impurity, occasioned by means within the control of legislation, as the main cause of the ravages of epidemic, endemic, and contagious diseases among the community, and as aggravating most other diseases. The subsequent extracts from the sanitary reports from different places will show that the impurity and its evil consequences are greater or less in different places, according as there is more or less sufficient drainage of houses, streets, roads, and land, combined with more or less sufficient means of cleansing and removing solid refuse and impurities, by available supplies of water for the purpose. Then will follow the description of the effects of overcrowding the places of work and dwellings, including the effects of the defective ventilation of dwelling-houses, and of places of work where there are fumes or dust produced. To these will be added the information collected as to the good or evil moral habits promoted by the nature of the residence. These will form so many successive sections of the report, and will be followed by information in respect to the means available for the prevention of the evils described, and an exposition of the present state of the law for the protection of the public health, and of modifications apparently requisite to secure the desired results.

I. GENERAL CONDITION OF THE RESIDENCES OF THE LABOUR-ING CLASSES WHERE DISEASE IS FOUND TO BE THE MOST PREVALENT.

The following extracts will serve to show, in the language chiefly of eye-witnesses, the varied forms in which disease attendant on removable circumstances appears from one end of the island to the other amidst the population of rural villages, and of the smaller towns, as well as amidst the population of the commercial cities and the most thronged of the manufacturing districts—in which last pestilence is frequently supposed to have its chief and almost exclusive residence.

Commencing with the reports on the sanitary condition of the population in Cornwall and Devon, Mr. Gilbert, when acting as Assistant Commissioner for those counties, reports, that he found the open drains and sewers the most prominent cause of malaria. He gives the following as an instance of the common condition of the dwellings of the labouring classes in Devon, where it will be observed that the registered deaths from the four classes of disease amounted in one year to 5893 cases.

"In Tiverton there is a large district, from which I find numerous applications were made for relief to the Board of Guardians, in consequence of illness from fever. The expense in procuring the necessary attention and care, and the diet and comforts recommended by the medical officer, were in each case very high, and particularly attracted

my attention.

"I requested the medical officer to accompany me through the district, and with him, and afterwards by myself, I visited the district, and examined the cottages and families living there. The land is nearly on a level with the water, the ground is marshy, and the sewers all open. Before reaching the district, I was assailed by a most disagreeable smell; and it was clear to the sense that the air was full of most injurious malaria. The inhabitants, easily distinguishable from the inhabitants of the other parts of the town, had all a sickly, miserable appearance. The open drains in some cases ran immediately before the doors of the houses, and some of the houses were surrounded by wide open drains, full of all the animal and vegetable refuse not only of the houses in that part, but of those in other parts of Tiverton. In many of the houses, persons were confined with fever and different diseases, and all I talked to either were ill or had been so: and the whole community presented a melancholy spectacle of disease and misery.

"Attempts have been made on various occasions by the local authorities to correct this state of things by compelling the occupants of the houses to remove nuisances, and to have the drains covered; but they find that in the present state of the law their powers are not sufficient, and the evil continues and is likely so to do, unless the legislature affords some redress in the nature of sanitary powers. Independently of this nuisance, Tiverton would be considered a fine healthy town, situate as it is on the slope of a hill, with a swift river running at its foot.